

Adult Care Center of Roanoke Valley Activity Calendar

MARCH

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Caregiver's Support Group is held the second Tuesday of every month. Save Date of: Mon Mar. 9th 1:30-3:00 p.m. ACCRV Conference Room</p>	<p style="text-align: center;">Meals (see attached menu) 9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p>NOTE: Please look through calendar for field trip permission slips. We have great trips planned and would like for you to attend!</p>	
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>10:00 Parachute Game 11:00 Current Events 11:30 Morning Walk 1:00 Marie Anderson 2:00 10 Things To Know About Purim 3:00 Zumba 3:30 Famous Irish Folks 4:00 Noodle Ball 4:30 TV: Movie</p>	<p>10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Morning Stretch 1:00 Who Am I? 1:30 Bowling 2:00 Hangman/ Crafts 3:00 Exercises 3:30 Prim Scrabble 4:00 Trivia 4:30 TV: Petticoat Junction</p>	<p>10:00 Exercises 10:30 Current Events 11:00 Music Therapy 1:00 Blarney Stone Mining 1:30 Ring Toss 2:00 Name That Tune 3:00 Yoga w/Jeanni 3:30 Ball Toss 4:00 Family Feud Game 4:30 TV: Threes Company</p>	<p>10:00 Golf 10:30 Outing: Scenic Drive Lunch at Habachi /Morning Workout 11:00 Rev. Glockner 1:00 Current Events 1:30 Dance Class 2:00 Draw n Guess 3:00 Afternoon stretch 3:30 Purim Secret Message</p>	<p>**Lucky Charm Day 10:00 – 11:00 Bingo 10:30 Exercises 11:00 Marc Baskind 1:00 Movie 3:00 Current Events 3:30 Afternoon Exercises 4:00 Name 3 4:30 TV: Adams Family</p>

			4:00 Hot Potato 4:30 TV: Movie	
Monday	Tuesday	Wednesday	Thursday	Friday
9 10:00 Current Events 10:30 Exercises 11:00 Council Meeting 11:30 Morning Walk 1:00 Bean Bag Toss 1:30 Out of the Blue 2:00 Zumba 3:00 Parachute Game 3:30 Purim Categories 4:00 Lets Chat 4:30 TV: Movie	10 **Wacky Shirt Day 10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Senior Stretches 1:00 Keith Campbell 2:00 Hangman/ Crafts 3:00 Exercises 3:30 Purim Secret Message 4:00 Trivia 4:30 TV: Petticoat Junction	11 10:00: Basketball 10:30 Bible Study w/Rev. Poff 11:00 Music Therapy 1:00 Current Events 2:00 St. Patrick's Day Rhyme Time 3:00 Yoga w/Jeanni 3:30 Simon Say 4:00 Jeopardy 4:30 TV: Threes Company	12 10:00 Corn Hole 10:30 Senior Stretch 11:00 Rev. Glockner 1:00 Saxy Keys 3:00 Current Events 3:30 Exercises 4:00 Ball Toss 4:30 TV: Movie	13 10:00-11:00 Bingo 10:30 Sports Trivia 11:00 Current Events 11:30 Morning Walk 1:00 Afternoon Movie 3:00 March IQ 3:30 Exercises 4:00 Ball Toss 4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday
16 10:00 Darts 10:30 SPCA Pet Therapy 11:00 Current Events 11:30 Morning Walk 1:00 Afternoon Bingo/Lets Chat 2:00 Zumba/Crafts 3:00 Remembering The Luck Of The Irish 3:30 Balloon Toss 4:00 Let's Talk 4:30 TV: Movie	17 **Green Day 10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Morning Workout 1:00 Clover All Over Social /Painting w/Bobby Woods 2:00 Salem Sr Singers 3:00 Afternoon Workout 3:30 Truth or Blarney 4:30 TV: Petticoat Junction	18 10:00 What Am I? 10:30 Current Events 11:00 Music Therapy 1:00 Tabby The Twister 2:00 Funny Videos 3:00 Yoga w/Jeanni 3:30 St. Patricks Day Match Up 4:00 Reminiscing 4:30 TV: Threes Company	19 10:00 Hangman 10:30 Exercises 11:00 Rev. Glockner 1:00 Current Events 1:30 Golf 2:00 You Be The Judge 3:00 Saint Categories 3:30 Afternoon Workout 4:00 "Name That Name" Game 4:30 TV: Movie	20 10:00-11:00 Bingo 10:30 What One Is Wrong? 11:00 Current Events 11:30 Morning Walk 1:00 Movie Afternoon 3:00 Bowling 3:30 Exercises 4:00 Who Am I? 4:30 TV: Adams Family

Monday	Tuesday	Wednesday	Thursday	Friday
23	24	25	** Pajama Day 26	27
10:00 Noodle ball 10:30 March Trivia 11:00 Current Events 11:30 Morning Walk 1:00 Balloon Volley Ball 2:00 Zumba 3:00 Being Green 3:30 Reminiscing 4:00 Family Feud 4:30 TV: Movie	10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Exercises 1:00 John Yates 2:00 What am I? 3:00 Afternoon Workout 3:30 March Categories 4:00 Name That Tune 4:30 TV: Petticoat Junction	10:00 Basketball 10:30 Outing: Bowling/ Current Events 11:00 Music Therapy 11:30 Morning Walk 1:00 Ragtop 3:00 Yoga w/Jeanni 3:30 Noodle Ball 4:30 TV: Threes Company	10:00 Frozen Food Mining 10:30 Senior Stretch 11:00 Rev. Glockner 1:00 Saxy Keys 3:00 Current Events 3:30 Exercises 4:00 Lets Chat 4:30 TV: Movie	10:00-11:00 Bingo 10:30 History Lesson 11:00 Current Events 11:30 Morning Walk 1:00 Movie Afternoon 3:00 Horseshoes 3:30 Afternoon Seated Strength 4:00 Would You Rather 4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday
30	31			
10:00 What am I? 10:30 Outing: Duck Pond Lunch at Burger King /Golf 11:00 Current Events 11:30 Morning Walk 1:00 Ring Toss 1:30 You Be The Judge 2:00 Zumba 3:00 Badge Categories 3:30 Reminiscing 4:00 Name 3 4:30 TV: Movie	10:00 – 11:00 Bingo 10:30 All Things Irish 11:00 Current Events 11:30 Exercises 1:00 Group Noodle Ball 2:00 Turkey Hunting Match Up 3:00 Afternoon Workout 3:30 Hangman 4:00 Family Feud 4:30 TV: Petticoat Junction			

