

Adult Care Center of Roanoke Valley Activity Calendar 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Caregiver's Support Group is held the second Tuesday of every month. Save Date of: Tuesday, May 12th 1:30-3:00 p.m. Held via teleconferencing!</p>	<p style="text-align: center;">Meals (see attached menu) 9:30 – AM Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p> <p>Nurses Day: May 6th We are so grateful for your TLC and faithful CARE!</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p>NOTE: We will resume our trips and outings hopefully in June!</p>	<p style="text-align: center;">Celebrating our Mothers May 10th and Older Americans Month!</p> <p style="text-align: center;">We appreciate their tireless devotion to all of us!</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>May 16th Armed Forces Day We salute and thank our Veterans for their service to our country!</p>				<p style="text-align: center;">Wear a May Day Hat</p> <p style="text-align: right;">1</p> <p>10:00 – 11:00 Bingo 10:30 Exercises 11:00 Travelogue: Paris 11:30 Morning Walk 1:00 Movie</p>

				3:00 Current Events 3:30 Afternoon Exercises 4:00 Name 3 4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
10:00 Current Events 10:30 Exercises 11:00 The Symbols of May Day Discussion 11:30 Morning Walk 1:00 Bean Bag Toss 1:30 Celebrating May Day Clues 2:00 Zumba 3:00 Parachute Game 3:30 Spring Festival Mining 4:00 Lets Chat 4:30 TV: Movie	<i>Cinco de Mayo</i> 10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Senior Stretches 1:00 Cinco de Mayo Word Pairs 1:30 Cinco de Mayo Clues 2:00 Hangman/ Crafts 3:00 Exercises 3:30 Cinco de Mayo Secret Message 4:00 Trivia 4:30 TV: Petticoat Junction	10:00: Basketball 10:30 The Best Mother's Day Gift 11:00 Music Therapy 11:30 Exercises 1:00 Current Events 1:30 Cinco de Mayo Trivia 2:00 May Day Secret Quote 3:00 Yoga 3:30 Simon Says 4:00 Jeopardy 4:30 TV: Threes Company	10:00 Corn Hole 10:30 Senior Stretch 11:00 Church Services/Chat 1:00 Famous Mothers Trivia 1:30 Unscramble Mother's Day 2:00 Current Events 3:00 Famous Mothers 3:30 Exercises 4:00 Ball Toss 4:30 TV: Movie	10:00-11:00 Bingo 10:30 Nurses/Mother's Day Tea 11:00 Current Events 11:30 Morning Walk 1:00 Afternoon Movie 3:00 Bowling 3:30 Exercises 4:00 Ball Toss 4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
10:00 Darts 10:30 Motherly Humor 11:00 Council Meeting 11:30 Morning Walk 1:00 Afternoon Bingo/Lets Chat 2:00 Zumba/Crafts 3:00 Current Events	10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Morning Workout 1:00 Painting or Coloring Pages 1:30 Military Search and Solve	10:00 What Am I? 10:30 Current Events 11:00 Music Therapy 11:30 Exercises 1:00 Meet Doris Day 1:30 Armed Forces Day Mining	10:00 Hangman 10:30 Exercises 11:00 Church Services/Chat 1:00 Current Events 1:30 Golf 2:00 You Be The Judge	10:00-11:00 Bingo 10:30 What One Is Wrong? 11:00 Current Events 11:30 Morning Walk 1:00 Afternoon Movie 3:00 Bowling 3:30 Exercises 4:00 Who Am I?

3:30 Balloon Toss 4:00 Military Jokes 4:30 TV: Movie	2:00 Celebrating Armed Forces Day 3:00 Afternoon Workout 3:30 Tattoo Matching Exercise 4:00 Armed Forces Scrabble 4:30 TV: Petticoat Junction	2:00 Funny Videos 3:00 Yoga 3:30 Mixed-Up Arm Forces 4:00 Reminiscing 4:30 TV: Threes Company	3:00 Queen Victoria Mining 3:30 Afternoon Workout 4:00 The History of Taps 4:30 TV: Movie	4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday
Victoria Day 18	19	20	21	22
10:00 Noodle ball 10:30 Which Queen Am I? 11:00 Current Events 11:30 Morning Walk 1:00 Balloon Volley Ball 2:00 Zumba 3:00 Military Double Take Word Game 3:30 Reminiscing 4:00 Family Feud 4:30 TV: Movie	10:00 – 11:00 Bingo 10:30 Morning Trivia 11:00 Current Events 11:30 Exercises 1:00 Meet: Queen Elizabeth 2:00 What am I? 3:00 Afternoon Workout 3:30 Valor Categories 4:00 Name That Tune 4:30 TV: Petticoat Junction	10:00 Basketball 10:30 Current Events 11:00 Music Therapy 11:30 Morning Walk 1:00 Meet 1:30 Most Travelled Cities 2:00 Cocoa Cola 3:00 Yoga 3:30 Noodle Ball 4:30 TV: Threes Company	10:00 Name Favorite Foods 10:30 Senior Stretch 11:00 Church Services/Chat 1:00 Golf 1:30 Meet the Artist: Andrew Wyeth 2:00 We're Going On A Trip to the Beach... 3:00 Current Events 3:30 Exercises 4:00 Lets Chat 4:30 TV: Movie	10:00-11:00 Bingo 10:30 Memorial Day Remembrances 11:00 Current Events 11:30 Morning Walk 1:00 Movie Afternoon 3:00 Horseshoes 3:30 Afternoon Seated Strength 4:00 Memorial Day Secret Message 4:30 TV: Adams Family
Monday	Tuesday	Wednesday	Thursday	Friday

<p>Memorial Day 25</p> <p>CLOSED</p> <p>HAPPY MEMORIAL DAY!</p>	<p>26</p> <p>10:00 – 11:00 Bingo 10:30 Rhyming 11:00 Current Events 11:30 Exercises 1:00 Group Noodle Ball 2:00 Name the Color 3:00 Afternoon Workout 3:30 Hangman 4:00 Family Feud 4:30 TV: Petticoat Junction</p>	<p>27</p> <p>10:00 Basketball 10:30 Current Events 11:00 Music Therapy 11:30 Morning Walk 1:00 What's in the Bag? 1:30 Table Games 2:00 This Day in History 3:00 Yoga 3:30 Horseracing 4:30 TV: Threes Company</p>	<p>28</p> <p>10:00 Travelogue: Denmark 10:30 Senior Stretch 11:00 Church Service/Chat 1:00 Golf 1:30 Name A-Z 2:00 Surprise Activity 3:00 Current Events 3:30 Exercises 4:00 Lets Chat 4:30 TV: Movie</p>	<p>29</p> <p>10:00-11:00 Bingo 10:30 Discussion 11:00 Current Events 11:30 Morning Walk 1:00 Movie Afternoon 2:30 Monthly Birthday Party 3:00 Horseshoes 3:30 Afternoon Seated Strength 4:00 Would You Rather 4:30 TV: Adams Family</p>
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