

# Adult Care Center of Roanoke Valley

## Activity Calendar 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>The Caregiver's Support Group</b> is held the second Tuesday of every month. Save Date of: <b>Tuesday, June 9<sup>th</sup></b> <b>1:30-3:00 p.m.</b> Held via teleconferencing!</p>	<p style="text-align: center;"><b>Meals</b> (see attached menu) 9:30 – AM Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p><b>Happy Father's Day to all our special Dads!</b></p> <p><b>NOTE: We will resume our trips and outings hopefully in July!</b></p>	<p style="text-align: center;"><b>Celebrating our CNAs and CMAs!</b></p> <p style="text-align: center;"><b>Thank you for making a difference for our participants!</b></p>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<p><b>10:00</b> Current Events <b>10:30</b> Exercises <b>11:00</b> Do You Hear What I Hear Video <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Bingo <b>2:00</b> Zumba <b>3:00</b> Questions in the Bag? <b>3:30</b> Grand Old "Flag" Clues Rhyme w/flag <b>4:00</b> Let's Chat <b>4:30</b> TV: Movie</p>	<p><b>10:00-11:00</b> Bingo <b>10:30</b> Morning Trivia <b>11:00</b> Current Events <b>11:30</b> Senior Stretches <b>1:00</b> Meet: Audrey Hepburn <b>1:30</b> Flag Day Match <b>2:00</b> Hangman <b>3:00</b> Exercises <b>3:30</b> Flag Etiquette and US Flag Code <b>4:00</b> Name that Tune</p>	<p><b>10:00</b> Who Am I? <b>10:30</b> The Story of the US Flag <b>11:00</b> Music Therapy <b>11:30</b> Exercises <b>1:00</b> Current Events <b>1:30</b> Travelogue: Yellowstone Park <b>2:00</b> Flag Day Trivia <b>3:00</b> Exercises <b>3:30</b> Simon Says <b>4:00</b> Jeopardy <b>4:30</b> TV: Threes Company</p>	<p><b>10:00</b> Short Stories <b>10:30</b> Senior Stretch <b>11:00</b> Church Services <b>1:00</b> History Lesson <b>1:30</b> Exercises <b>2:00</b> Current Events <b>3:00</b> Flag Day Secret Quote <b>3:30</b> Flag Day Quotes <b>4:00</b> Hangman <b>5:00</b> TV: Movie</p>	<p><b>10:00-11:00</b> Bingo <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Movie <b>3:00</b> Exercises <b>3:30</b> Mixed-Up Flag Day Unscramble <b>4:00</b> Name 3 <b>4:30</b> TV: Adams Family</p>

	4:30 TV: Petticoat Junction			
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>10:00</b> Current Events <b>10:30</b> Exercises <b>11:00</b> <b>Council Meeting</b> <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Bingo <b>2:00</b> Zumba <b>3:00</b> Questions in the Bag? <b>3:30</b> Name Rhyming Words <b>4:00</b> Lets Chat <b>4:30</b> TV: Movie	<b>10:00 – 11:00</b> Bingo <b>10:30</b> Morning Trivia <b>11:00</b> Current Events <b>11:30</b> Senior Stretches <b>1:00</b> Meet: Andy Griffith <b>1:30</b> Flag Day Search and Solve <b>2:00</b> Hangman <b>3:00</b> Exercises <b>3:30</b> Name Song Titles <b>4:00</b> Name that Tune <b>4:30</b> TV: Petticoat Junction	<b>10:00:</b> Cartoons <b>10:30</b> Discussion: Where were you born? <b>11:00</b> Music Therapy <b>11:30</b> Exercises <b>1:00</b> Current Events <b>1:30</b> Travelogue: Hawaii <b>2:00</b> Remembering Our Weddings or Anniversaries <b>3:00</b> Exercises <b>3:30</b> Simon Says <b>4:00</b> Jeopardy <b>4:30</b> TV: Threes Company	<b>10:00</b> Short Stories <b>10:30</b> Senior Stretch <b>11:00</b> Church Services <b>1:00</b> History Lesson <b>1:30</b> Exercises <b>2:00</b> Current Events <b>3:00</b> Readers Digest Jokes and Stories <b>3:30</b> Favorite Beaches and Summer Vacations <b>4:00</b> Hangman <b>4:30</b> TV: Movie	<b>10:00-11:00</b> Bingo <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Movie <b>3:00</b> Exercises <b>3:30</b> You Pick! <b>4:00</b> Name Pairs <b>4:30</b> TV: Adams Family
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>10:00</b> Current Events <b>10:30</b> Exercises <b>11:00</b> Hangman <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Bingo <b>2:00</b> Zumba <b>3:00</b> Questions in the Bag? <b>3:30</b> Name Famous People <b>4:00</b> Let's Chat <b>4:30</b> TV: Movie	<b>10:00 – 11:00</b> Bingo <b>10:30</b> Morning Trivia <b>11:00</b> Current Events <b>11:30</b> Senior Stretches <b>1:00</b> Meet: Julie Andrews <b>1:30</b> Father's Day IQ <b>2:00</b> Hangman <b>3:00</b> Exercises <b>3:30</b> Discuss Famous Commercials or TV Shows <b>4:00</b> Name that Tune	<b>10:00</b> A Manly Search and Solve <b>10:30</b> Remembering Daniel Boone <b>11:00</b> Music Therapy <b>11:30</b> Exercises <b>1:00</b> Current Events <b>1:30</b> Travelogue: California <b>2:00</b> A "Reel" Fisherman <b>3:00</b> Exercises <b>3:30</b> Simon Says <b>4:00</b> Jeopardy	<b><i>Celebrating our CNAs &amp; CMAs!</i></b> <b>10:00</b> Manly Gifts <b>10:30</b> Senior Stretch <b>11:00</b> Church Services <b>1:00</b> History Lesson <b>1:30</b> Exercises <b>2:00</b> Current Events <b>3:00</b> The Greatest TV Dads <b>3:30</b> Happy Father's Day Puzzle <b>4:00</b> Hangman	<b>10:00-11:00</b> Bingo <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Movie <b>3:00</b> Exercises <b>3:30</b> Father's Day Jumble <b>4:00</b> Who Am I? <b>4:30</b> TV: Adams Family

	<b>4:30</b> TV: Petticoat Junction	<b>4:30</b> TV: Threes Company	<b>4:30</b> TV: Movie	
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>10:00</b> Current Events <b>10:30</b> Exercises <b>11:00</b> Things Dad Loves <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Bingo <b>2:00</b> Zumba <b>3:00</b> Questions in the Bag? <b>3:30</b> Father's Day Jeopardy Trivia <b>4:00</b> Let's Chat <b>4:30</b> TV: Movie	<b>10:00 – 11:00</b> Bingo <b>10:30</b> Morning Trivia <b>11:00</b> Current Events <b>11:30</b> Senior Stretches <b>1:00</b> Meet: Phyllis Diller <b>1:30</b> Create a Story <b>2:00</b> Hangman <b>3:00</b> Exercises <b>3:30</b> Create a Story <b>4:00</b> Name That Tune <b>4:30</b> TV: Petticoat Junction	<b>10:00</b> Guess What I Am Drawing <b>10:30</b> Name Summer Flowers <b>11:00</b> Music Therapy <b>11:30</b> Exercises <b>1:00</b> Current Events <b>1:30</b> Travelogue: Maine <b>2:00</b> You Pick! <b>3:00</b> Exercises <b>3:30</b> Simon Says <b>4:00</b> Jeopardy <b>4:30</b> TV: Threes Company	<b>10:00</b> Short Stories <b>10:30</b> Senior Stretch <b>11:00</b> Church Services <b>1:00</b> History Lesson <b>1:30</b> Meet the Artist: Georgia O'Keefe <b>2:00</b> Current Events <b>3:00</b> Jokes/Humor <b>3:30</b> Remembering Strawberries <b>4:00</b> Hangman <b>4:30</b> TV: Movie	<b>10:00-11:00</b> Bingo <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Movie <b>2:30</b> <b>Monthly Birthday Party</b> <b>3:00</b> Exercises <b>3:30</b> Spelling Bee <b>4:00</b> Name Animals in the Zoo or Park <b>4:30</b> TV: Adams Family
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>29</b>	<b>30</b>			
<b>10:00</b> Current Events <b>10:30</b> Exercises <b>11:00</b> Name Presidents <b>11:30</b> Morning Walk <b>1:00</b> Afternoon Bingo <b>2:00</b> Zumba <b>3:00</b> Questions in the Bag? <b>3:30</b> Name Favorite Desserts <b>4:00</b> Let's Chat <b>4:30</b> TV: Movie	<b>10:00 – 11:00</b> Bingo <b>10:30</b> Morning Trivia <b>11:00</b> Current Events <b>11:30</b> Senior Stretches <b>1:00</b> Meet: Humphrey Bogart <b>1:30</b> Hangman <b>2:00</b> Exercises <b>3:30</b> Create a Story <b>4:00</b> Name that Tune <b>4:30</b> TV: Petticoat Junction			

--	--	--	--	--