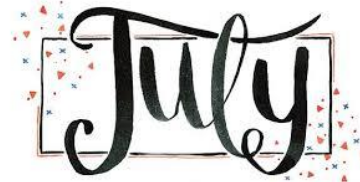


Adult Care Center of Roanoke Valley

Activity Calendar 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Caregiver's Support Group is held the second Tuesday of every month. Save Date of: Tuesday, July 14th 1:30-3:00 p.m. Held via teleconferencing!</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	1	2	3
<p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo/Church Services 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>RED WHITE BLUE T-SHIRT/COLORS 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5-6:00 Person Centered Activities</p>		
Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
<p>CENTER CLOSED HOLIDAY</p>	<p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies</p>	<p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies</p>	<p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo/Church Services 1:00 Music Therapy 1:30 Word Games 2:00 Exercises</p>	<p>BEACH T-SHIRT DAY 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises</p>

	5:00-6:00 Person Centered Activities	5:00-6:00 Person Centered Activities	3:00-5:00 Movies 5:00-6:00 Person Centered Activities	3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
10:00 Pledge Allegiance 10:05 Current Events/ Council Meeting 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo/Church Services 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	FAVORITE T-SHIRT DAY 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo/Church Services 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	SPORTS T-SHIRT DAY 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">27</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">28</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">29</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">30</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo/Church 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">31</p> <p>FAVORITE HAT DAY 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises/Walking 11:00-12:00 Bingo 1:00 Music Therapy 1:30 Word Games 2:00 Exercises 2:30 Monthly June Birthday Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals & Snacks (see attached menu & snacks) 9:30 AM Breakfast Snack 12 Noon Lunch 2:30 PM Snack</p>				