

Adult Care Center of Roanoke Valley Activity Calendar 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Caregiver's Support Group is held the second Tuesday of every month. Save Date of: Tuesday, December 8th 1:30-3:00 p.m. Held via teleconferencing!</p>	<p style="text-align: center;">Meals (see attached menu) 9:30 AM -- Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p>	<p style="text-align: center;">Center will be closed Thursday, December 24th & Friday, December 25th.</p> <p style="text-align: center;">Close at 4 p.m. on Wednesday December 31st</p> <p style="text-align: center;">Closed on January 1st</p> <p style="text-align: center;">Merry Christmas and Happy New Year Wishes!</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Card Games, Small Crafts, and Coloring Pages</p>	.
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Christmas Talk</p>	<p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal</p>	<p>10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Exercise</p>	<p>10:05-11:00 Bingo 10:30 History of Christmas 11:00 Current Events</p>

	11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Christmas Coloring 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:30 Word Search: Christmas 11:00 -Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Christmas Songs 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	11:00 -11:45 Church 1:00 Current Events 1:30 Word Games 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	11:30 Exercises 1:00 Music Therapy 1:30 Word Search: Reindeer 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Christmas Cards 11:00 Current Events 11:30 Exercises 1:00 Marie Anderson 2:00 Exercises 3:00-5:00 Movies 5:00-5:30 Person-Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Coloring Pages 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Crafts 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 December Facts 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Mix-Up Christmas 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Exercises 11:00-11:45 Church 1:00 Saxy Keys 2:00 Exercises 3:00-5:00 -Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search Santa Claus 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Trivia 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Council Meeting 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Christmas Crafts	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Christmas Cards	10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Trivia 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Balloon Volleyball	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal. 10:30 Current/Exercises 11:00 Church 1:00 Rag Top 2:00 Exercises 3:00-5:00 Movies	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Pictures w/Santa 1:30 Christmas Songs 2:00 Exercises

2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	2:00- Exercises 3:00-5:00- Movies 5:00-6:00- Person Centered Activities	5:00-6:00 Person Centered Activities	2:30 December Birthday Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
21	22	23	24	25
10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Holiday Songs 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Coloring Pages 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Santa's Many Names 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal 10:30 Christmas Trivia 11:00 Church 1:30 Current Events 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	CENTER CLOSED CHRISTMAS EVE	CENTER CLOSED MERRY CHRISTMAS
Monday	Tuesday	Wednesday	Thursday	
28	29	30	31	
10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Christmas Memories 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Golf 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Trivia 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Bean Bag Toss 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal 10:30 New Year's Eve Resolutions 11:00 Current Events 1:30 New Year's Word Search 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	New Year's Eve 10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make A Deal. 10:30 Word Games 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 New Year's Trivia 2:00 Exercises 3:00-4:00 Movies	

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