




Adult Care Center of Roanoke Valley Activity Calendar 2021



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Join us for a Super Bowl Party!</p> <p>Friday, Feb. 5th 2:00 PM</p> <p>Wear Your Favorite Team Jersey!</p>	<p>Meals (see attached menu) 9:30 AM -- Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>celebrate BLACK history MONTH</p>	<p>Don a red or pink or hearts outfit! Spread the:</p>  <p>Valentine's Songs & Dance</p> <p>Thursday, Feb. 11th 1:15 PM</p> <p>Music By Saxy Keys</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver's Support Group is held the 2nd Tuesday of every month!</p> <p>Save the date of Tuesday, February 9th, 1st30 - 3 pm. Held via teleconferencing!</p>  <p>Mardi Gras Party & Parade</p> <p>Tuesday, February 16th 2 PM</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">1</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:15 Marie Anderson 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">2</p> <p>Ground Hog Day 10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Who Am I? Black Americans 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Ground Hog Trivia 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">3</p> <p>10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Celebrating Black History Month 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Balloon Volleyball 2:00- Exercises 3:00-5:00- Movies 5:00-6:00- Person Centered Activities</p>	<p style="text-align: right;">4</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal. 10:30 Current/Exercises 11:00 Church 1:15 Black Inventors 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">5</p> <p>Wear Your Favorite Team Shirt or Jersey! 10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Explore Historic Places of Civil Rights Movement 1:30 Exercises 2:00 SuperBowl Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">8</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Word Game 11:00 Current Events 11:30 Exercises 1:00 Valentine's Day Mining 1:30 Crafts 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">9</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Heart Categories 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">10</p> <p>10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Famous Fictional Couples 11:00 Current Events 11:30 Exercises 1:00 Music Therapy/Making Valentines Day Cards 1:30 Balloon Volleyball 2:00- Exercises 3:00-5:00- Movies 5:00-6:00- Person Centered Activities</p>	<p style="text-align: right;">11</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal. 10:30 Current/Exercises 11:00 Church 1:15 Saxy Keys Valentines Songs & Dance 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">12</p> <p>10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 History of Valentine's Day 1:30 Exercises 2:00 Love Stories: How Did You Meet Your Spouse? 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
President's Day 10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Council Meeting 11:00 Current Events 11:30 Exercises 1:00 Mixed-Up Presidents' Day 1:30 Crafts 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	<i>Fat Tuesday</i> 10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Exercises 2:00 Mardi Gras Party & Parade 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Trivia 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Balloon Volleyball 2:00- Exercises 3:00-5:00- Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal. 10:30 Current/Exercises 11:00 Church 1:15 Rag Top 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Commander in Chief Mining 1:30 What Am I? Mardi Gras 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Name Three 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Hangman 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Coloring Pages 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Trivia 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal 10:30 Name Three 11:00 Word Games 1:30 Current Events 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal. 10:30 Current/Exercises 11:00 Church 1:15 Remembering Doris Day 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Travelogue: New Orleans 1:30 Hangman 2:00 Exercises 2:30 February Birthday Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Balloon Volleyball 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Trivia 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Hangman 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal 10:30 Name That Tune 11:00 Current Events 1:30 Favorite Football Teams 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make A Deal 10:30 Word Games 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 History Lesson 2:00 Exercises 3:00-4:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Sports Talk 1:30 Winter Memories 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities