

## ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax: 540-981-2353

### BREAKFAST AND AFTERNOON SNACK MENUS

## April 2021

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast

Serving with every meal: 100 percent juices: Orange, Grape, Apple

Drinks: Skim Milk, Coffee and

Whole Grain Bread

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> AM: Assorted Juices, Sausage Biscuits Fried Apples WGB  PM: Fruit Cup WGB	<b>2</b> AM: Assorted Juices, Corn Flakes WGB  PM: Goldfish WGB
<b>3&amp;4</b> Closed	<b>5</b> AM: Assorted Juices, Oatmeal Bananas WGB  PM: Graham crackers with peanut butter WGB	<b>6</b> AM: Assorted Juices, Sausage Gravy w/biscuits Applesauce Cups WGB  PM: Gold Fish WGB	<b>7</b> AM: Assorted Juices, Waffles, Fruit cup WGB  PM: Animal Crackers WGB	<b>8</b> AM: Assorted Juices, Eggs, with toast with jelly WGB  PM: Peanut Butter Crackers WGB	<b>9</b> AM: Assorted juices, Cheerios, Bananas WGB  PM: Yogurt WGB
<b>10&amp;11</b> Closed	<b>12</b> AM: Assorted Juices, Scrambled eggs, w/toast & jelly WGB  PM: Cheese crackers WGB	<b>13</b> AM: Assorted Juices, Corn Flakes, Bananas WGB  PM: Ice Cream Cup WGB	<b>14</b> AM: Assorted Juices, Egg sausage patties Fruit cup WGB  PM: Brownies WGB	<b>15</b> AM: Assorted Juices, French Toast, Applesauce WGB  PM: Yogurt WGB	<b>16</b> AM: Assorted Juices, Cinnamon toast WGB  PM: Animal crackers WGB

<p><b>17&amp;18 Closed</b></p>	<p><b>19</b> AM: Assorted Juices, Cheerios Bananas WGB  PM: Graham crackers with peanut butter WGB</p>	<p><b>20</b> AM: Assorted Juices, scrambled eggs, toast with jelly WGB  PM: Animal crackers WGB</p>	<p><b>21</b> AM: Assorted Juices, French toast WGB  PM: Cheese Its WGB</p>	<p><b>22</b> AM: Assorted Juices, Sausage Biscuits Fried Apples WGB  PM: Gold Fish WGB</p>	<p><b>23</b> AM: Assorted Juices, Corn Flakes WGB  PM: Fruit Cup WGB</p>
<p><b>24&amp;25 Closed</b></p>	<p><b>26</b> AM: Assorted Juices, Oatmeal Bananas WGB  PM: Graham crackers with peanut butter WGB</p>	<p><b>27</b> AM: Assorted Juices, eggs, toast with jelly WGB  PM: Ice Cream WGB</p>	<p><b>28</b> AM: Assorted Juices, Corn Flakes WGB  PM: Fruit Cup WGB</p>	<p><b>29</b> AM: Assorted Juices, French Toast, Syrup WGB  PM: Gold Fish WGB</p>	<p><b>30</b> AM: Assorted Juices, Sausage Biscuits w/Gravy  PM: Birthday Vanilla Cake w/Frosting WGB</p>