

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax: 540-981-2353

BREAKFAST AND AFTERNOON SNACK MENUS

May 2021

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast

Serving with every meal: 100 percent juices: Orange, Grape, Apple

Drinks: Skim Milk, Coffee and

Whole Grain Bread

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
1&2 Closed	3 AM: Assorted Juices, Cheerios Bananas WGB PM: Graham crackers with peanut butter WGB	4 AM: Assorted Juices, eggs, toast with jelly WGB PM: Animal crackers WGB	5 AM: Assorted Juices, French toast WGB PM: Cheese Its WGB	6 AM: Assorted Juices, Sausage Biscuits Fried Apples WGB PM: Fruit Cup WGB	7 AM: Assorted Juices, Corn Flakes WGB PM: Goldfish WGB
8&9 Closed	10 AM: Assorted Juices, Oatmeal Bananas WGB PM: Graham crackers with peanut butter WGB	11 AM: Assorted Juices, Sausage Gravy w/biscuits Applesauce Cups WGB PM: Gold Fish WGB	12 AM: Assorted Juices, Waffles, Fruit cup WGB PM: Animal Crackers WGB	13 AM: Assorted Juices, Eggs, with toast with jelly WGB PM: Peanut Butter Crackers WGB	14 AM: Assorted juices, Cheerios, Bananas WGB PM: Yogurt WGB
15&16 Closed	17 AM: Assorted Juices, Scrambled eggs, w/toast & jelly WGB PM: Cheese crackers WGB	18 AM: Assorted Juices, Corn Flakes, Bananas WGB PM: Ice Cream Cup WGB	19 AM: Assorted Juices, Egg sausage patties Fruit cup WGB PM: Irish Soda Bread WGB	20 AM: Assorted Juices, French Toast, Applesauce WGB PM: Yogurt WGB	21 AM: Assorted Juices, Cinnamon toast WGB PM: Animal crackers WGB

<p>22&23 Closed</p>	<p>24 AM: Assorted Juices, Cheerios Bananas WGB</p> <p>PM: Graham crackers with peanut butter WGB</p>	<p>25 AM: Assorted Juices, scrambled eggs, toast with jelly WGB</p> <p>PM: Animal crackers WGB</p>	<p>26 AM: Assorted Juices, French toast WGB</p> <p>PM: Cheese Its WGB</p>	<p>27 AM: Assorted Juices, Sausage Biscuits Fried Apples WGB</p> <p>PM: Gold Fish WGB</p>	<p>28 AM: Assorted Juices, Corn Flakes WGB</p> <p>PM: Fruit Cup WGB</p>
<p>29&30 Closed</p>	<p>31 AM: Assorted Juices, Oatmeal Bananas WGB</p> <p>PM: Graham crackers with peanut butter WGB</p>				