

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax: 540-981-2353

BREAKFAST AND AFTERNOON SNACK MENUS

June 2021

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast

Serving with every meal: 100 percent juices: Orange, Grape, Apple

Drinks: Skim Milk, Coffee and

Whole Grain Bread

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
1&2 Closed		1 AM: Assorted Juices, eggs, toast with jelly WGB PM: Animal crackers WGB	2 AM: Assorted Juices, French toast WGB PM: Cheese Its WGB	3 AM: Assorted Juices, Sausage Biscuits Fried Apples WGB PM: Fruit Cup WGB	4 AM: Assorted Juices, Corn Flakes WGB PM: Goldfish WGB
5&6 Closed	7 AM: Assorted Juices, Oatmeal Bananas WGB PM: Graham crackers with peanut butter WGB	8 AM: Assorted Juices, Sausage Gravy w/biscuits WGB PM: Gold Fish WGB	9 AM: Assorted Juices, Waffles Bananas WGB PM: Animal Crackers WGB	10 AM: Assorted Juices, Eggs, with toast with jelly WGB PM: Peanut Butter Crackers WGB	11 AM: Assorted juices, Cheerios, Bananas WGB PM: Yogurt WGB
12&13 Closed	14 AM: Assorted Juices, Scrambled eggs, w/toast & jelly WGB PM: Cheese crackers WGB	15 AM: Assorted Juices, Corn Flakes, Bananas WGB PM: Ice Cream Cup WGB	16 AM: Assorted Juices, Egg sausage patties Fruit cup WGB PM: Cheez Its WGB	17 AM: Assorted Juices, French Toast, Applesauce WGB PM: Popsicles WGB	18 AM: Assorted Juices, Cinnamon toast WGB PM: Animal crackers WGB

<p>19&20 Closed</p>	<p>21 AM: Assorted Juices, Cheerios Bananas WGB PM: Graham crackers with peanut butter WGB</p>	<p>22 AM: Assorted Juices, scrambled eggs, toast with jelly WGB PM: Animal crackers WGB</p>	<p>23 AM: Assorted Juices, French toast WGB PM: Cheese Its WGB</p>	<p>24 AM: Assorted Juices, Sausage Biscuits Fried Apples WGB PM: Gold Fish WGB</p>	<p>25 AM: Assorted Juices, Corn Flakes WGB PM: Fruit Cup WGB</p>
<p>26&27 Closed</p>	<p>28 AM: Assorted Juices, Oatmeal Bananas WGB PM: Graham crackers with peanut butter WGB</p>	<p>29 AM: Assorted Juices, Oatmeal, Bananas WGB PM: Ice Cream Cup WGB</p>	<p>30 AM: Assorted Juices, French toast WGB PM: Cheez Its WGB</p>		