




Adult Care Center of Roanoke Valley Activity Calendar 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Center Closed Monday, July 5th</p> 	<p>Meals (see attached menu) 9:30 AM – Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver’s Support Group is held the 2nd Tuesday of every month!</p> <p>Save the date of Tuesday, July 13th 1:30 – 3 pm. Held via teleconferencing or ZOOM</p> 	<p style="text-align: right;">1</p> <p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal / Current Events 10:30 Excercise 11:00 Church w/ Rev. Glockner 11:30 Exercises 1:00 Music Therapy 1:30 Parachute Game 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">2</p> <p>10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Excercises 11:00 Mark Baskind 1:00 Current Events 1:30 Exerc ises 2:00 4th of July Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Center Closed 	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy with Catherine 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00- Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Word Games 11:00 Current Events 11:30 Exercises 1:15 Saxy Keys 2:00 Exercises 3:00 Yoga with Jeannie 3:30-5:30 Movies 5:00-6:00 Person Centered Activities	10:05-10:30 Lets Make A Deal / Current Events 10:30 Exercise 11:00 Church w/ Rev. Glockner 1:00 Music Therapy 1:30 Independence Day Riddle Jumble 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Independence Day Secret Quote 1:30 Music Appreciation 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Excercises 11:00 Current Events 11:30 Independence Day Secret Message 1:00 Exercises 1:30 Marie Anderson 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:00 Crafts w/ Bobby Rust 10:30 Hangman 11:00 Current Events 11:30 Exercises 1:00 Noodle ball 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance/Exercises 10:00 Music Therapy with Catherine 11:00 Word Games 1:00 What Am I? 1:30 Current Events 2:00 Name Three 3:00 Yoga w/Jeanni 3:30-5:30 Movies 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal / Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Exercises 1:30 Ragtop Music 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Travelogue: Spain 1:30 Hangman 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss	10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 Trivia 11:00 Current Events	10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal	10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal/ Current Events 10:30 Exercises	10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Zumba 11:00 Current Events

<p>11:00 Current Events 11:30 Exercises 1:00 Name That Tune 1:30 Balloon Volleyball 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>11:30 Exercises 1:00 Music Therapy with Catherine 1:30 Hangman 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities</p>	<p>10:30 Bring back the oldies music 11:00 Current Events 1:00 Mixed -Up Independence Day 1:30 Name Four 2:00 July Trivia 3:00 Yoga w/Jeanni 3:30-5:30 Movies 5:30-6:00 Person Centered Activities</p>	<p>11:00 Church w/ Rev. Glockner 1:00 Red White Blue Quiz 1:30 State Plate Game 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>11:30 Word Search 1:00 Exercises 1:30 Keith Campbell Music 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
<p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal 10:30 Bean Bag Toss 11:00 Current Events 11:30 Exercises 1:00 Music Therapy 1:30 Golf 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>10:00 Pledge Allegiance 10:05 Lets Make A Deal 10:30 11:00 Current Events 11:30 Exercises 1:00 Independence Word Mining 1:30 Ring Toss 2:00 Exercises 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities</p>	<p>10:00 Pledge Allegiance/Exercises 10:05-10:30 Lets Make a Deal 10:30 Name That Tune 11:00 Current Events 1:00 Music Therapy with Catherine 1:30 Would You Rather 2:00 Dancing and grooving 3:00 Yoga w/Jeanni 3:30-5:30 Movies 5:30-6:00 Person Centered Activities</p>	<p>10:00 Pledge Allegiance 10:05-10:30 Lets Make A Deal/ Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 Family Feud 1:30 Guess Whats In The Bag 2:00 Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>	<p>10:00 Pledge Allegiance 10:05-11:00 Bingo 10:30 Word Search 11:00 Current Events 11:30 Exercises 1:00 Short Stories 1:30 Draw n Guess 2:00 Exercises 2:30 Birthday Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities</p>