







# Adult Care Center of Roanoke Valley Activity Calendar May 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>Meals</b> (see attached menu) <b>9:30 AM – Breakfast Snack</b> <b>12 Noon – Lunch</b> <b>2:30 PM – Snack</b></p> <hr style="border: 1px dashed black;"/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p><b>Nurses Week</b> <b>May 6-12th</b> <b>We appreciate</b> <b>RN Cindy Flynn,</b> <b>LPN Kathy Hopson!!</b></p> 	<p><b>The Caregiver’s Support Group is held the 2<sup>nd</sup> Tuesday of every month!</b></p> <p><b>Save the date of Tuesday, May 10 1:30 – 3 pm.</b></p> <p><b>Held at ACCRV Conference Room. Contact Ruth Parsons if you have any questions.</b></p>	<p><b>Recognition of Veterans</b> <b>Friday, May 27<sup>th</sup></b> <b>1:00 PM</b> <b>By Disabled American Veterans</b></p> 	 <p><b>Mother’s Day Tea &amp; Cookies</b> <b>Friday, May 6<sup>th</sup></b> <b>2:30 PM</b></p>

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>10:00</b> Pledge Allegiance <b>10:05-10:30</b> Lets Make a Deal <b>10:30</b> Council Meeting <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:30</b> <b>Marie Anderson</b> <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00</b> Pledge Allegiance <b>10:00</b> <b>Green Memorial Church</b> <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> <b>Music Therapy w/ Catherine</b> <b>2:00</b> Exercises <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00-</b> Pledge Allegiance/ Lets Make a Deal <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:30</b> <b>Saxy Keys</b> <b>2:00</b> Exercises <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00-10:30</b> Pledge Allegiance/Current Events <b>10:30</b> Exercises <b>11:00-12:00</b> <b>Church w/ Rev. Glockner</b> <b>1:00</b> Exercises <b>1:30</b> May Day Clues <b>2:00</b> Talking About Mother's Day <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00</b> Pledge Allegiance <b>10:05-11:00</b> Lets Make a Deal/Bingo <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Zumba <b>1:30</b> Famous Mothers Trivia <b>2:00</b> Mothers of Invention <b>2:30</b> <b>Mother's Day Tea &amp; Cookies</b> <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>10:00</b> Pledge Allegiance <b>10:05-10:30</b> Lets Make a Deal <b>10:30</b> Nurse's <b>Recognition: Honoring RN Cindy and LPN Kathy</b> <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Cinco de Mayo Clues <b>1:30</b> <b>Tai Chi w/Dink</b> <b>2:00</b> Trivia	<b>10:00</b> Pledge Allegiance/ Lets Make a Deal <b>11:00</b> <b>Bible Study w/ Rev Meadows</b> <b>11:30</b> Exercises <b>1:00</b> Noodle Ball <b>1:30</b> Current Events <b>2:00</b> Zumba <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00</b> Pledge Allegiance <b>10:00-11:00</b> <b>Music Therapy w/Catherine</b> <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Celebrating May Day <b>1:30</b> <b>Ragtop</b> <b>3:00</b> Senior Stretches <b>3:30-5:30</b> Movies <b>5:30-6:00</b> Person Centered Activities	<b>10:00</b> Pledge Allegiance/Current Events <b>10:30</b> Senior Stretch <b>11:00</b> <b>Church w/ Rev. Glockner</b> <b>1:00</b> Cinco de May Mining <b>1:30</b> Purse Categories <b>2:00</b> Seated Exercises <b>3:00-5:00</b> Movies <b>5:00-6:00</b> Person Centered Activities	<b>10:00</b> Pledge Allegiance <b>10:05-</b> Lets Make a Deal <b>10:30</b> <b>Speaker: Veterans Arts Program with John</b> <b>11:30</b> Exercises <b>1:00</b> Exercises <b>1:30</b> Famous Military Quotations: Who Said That? <b>2:00</b> Cinco de Mayo Secret Message <b>3:30-5:00</b> Family Feud

3:00-5:00 Movies 5:00-6:00 Person Centered Activities				5:00-6:00 Person Centered Activities
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:00 Pledge Allegiance 10:05 Lets Make a Deal 11:00 Current Events 11:30 Exercises 1:00 Balloon Volleyball 1:30 Military Pass It On 2:00 Zumba 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Music Therapy w/Catherine 2:00 Zumba 3:00-5:00 - Movies 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Crafts 11:00 Current Events 11:30 Exercises 1:00 Heads Up 1:30 Saxy Keys 3:00-5:30 Movies 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance/Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 1:30 Mixed Up Memorial Day 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05-11:00 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Basketball 1:30 2:00 Chair Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:00 Pledge Allegiance 10:05-10:30 Lets Make a Deal/ Crafts 11:00 Current Events 11:30 Exercises 1:00 Who am I? 1:30 Tai Chi w/Dink 2:00 Word Games 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Bible Study w/ Rev Meadows 11:30 Current Events 1:00 Bean Bag Toss 1:30 Keith Campbell 2:00 Senior Stretches 3:00-5:30 Movies 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Let's Make A Deal/Crafts 11:00 Current Events 11:30 Exercises 1:00 Memorial Day Message 1:30 The History of Taps 2:00 Zumba 3: 30-5:30 Movies 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance/Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Ring Toss 1:30 What Am I? 2:00 Chair Exercises 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance/ Current Events 10:30 Exercises 11:00 Mark Baskind 12:00 Cookout 1:00 Recognition of Veterans by Disabled American Veterans 1:30 Exercises 2:00 May Birthday Party 3:00-5:00 Movies 5:00-6:00 Person Centered Activities
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>

<p><b>CLOSED</b></p> <p><b>HAPPY MEMORIAL DAY!</b></p>	<p style="text-align: right;"><b>30</b></p> <p style="text-align: left;"><b>31</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Lets Make a Deal/  Bingo  <b>11:00</b> Celebrating  Memorial Day with Poetry  <b>11:30</b> Current Events  <b>1:00</b> Senior Stretches  <b>1:30</b> Elvis Impersonator  <b>3:00-5:30</b> Movies  <b>5:30-6:00</b> Person Centered  Activities</p>			
--	---	--	---	---