

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

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May 2022

Breakfast and Snack Menu

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast

Serving with morning meal: 100 percent juices: Orange, Grape, Apple

Drinks: 1% Milk, Coffee. Substitutes For PM: Snack Are Animal Crackers. Potato Chips, Fruit Cups,

Whole Grain Bread

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
31&1 CLOSED	5/2 Assorted Juices: Corn Flakes Bananas WGB PM: Cookies WGB	5/3 AM: Assorted Juices, Muffins WGB PM: Peanut Butter Crackers WGB	5/4 AM: Assorted Juices, Scrambled Eggs with Cheese, Applesauce WGB PM: Graham Crackers WGB	5/5 Assorted Juices: Corn Flakes Bananas WGB PM: Animal Crackers WGB	5/6 AM: Assorted Juices, Sausage Biscuits w/Gravy WGB PM: Cheese Its WGB
7&8 Closed	5/9 AM: Assorted Juices, Scrambled Eggs, Toast & Jelly WGB PM: Cheese Its WGB	5/10 AM: Assorted Juices, Sausage Gravy & Biscuit WGB PM: Peanut Butter Crackers WGB	5/11 AM: Assorted Juices, Cereal & Bananas WGB PM: Yogurt WGB	5/12 AM: Assorted Juices, Cinnamon Toast & Jelly WGB PM: Goldfish WGB	5/13 AM: Assorted Juices, Hard Boiled Eggs, Toast & Jelly WGB PM: Graham Crackers WGB
14&15 Closed	5/16 AM: Assorted Juices, Cinnamon Toast Sticks WGB PM: Fruit Cups WGB	5/17 AM: Assorted Juices, Sausage biscuits, Fruit Cup WGB PM: Applesauce WGB	5/18 AM: Assorted Juices, Pancakes, Bacon WGB PM: Animal Crackers WGB	5/19 AM: Assorted Juices, muffins WGB PM: Peanut Butter crackers, WGB	5/20 AM: Assorted juices, Cinnamon Toast WGB PM: Yogurt WGB

<p>21&22 Closed</p>	<p>5/23 AM: Assorted Juices, Jelly Biscuit WGB</p> <p>PM: Cheese crackers WGB</p>	<p>5/24 AM: Assorted Juices, Hard Boiled eggs & Toast WGB</p> <p>PM: Ice Cream Cup WGB</p>	<p>5/25 AM: Assorted Juices, Corn Flakes & Bananas Jelly WGB</p> <p>PM: Graham Crackers WGB</p>	<p>5/26 AM: Assorted Juices, Scrambled Eggs with Cheese, Applesauce WGB</p> <p>PM: Yogurt WGB</p>	<p>5/27 AM: Assorted Juices, Cinnamon & Raisin Toast WGB</p> <p>PM: Animal Crackers WGB</p>
<p>28&29 Closed</p>	<p>5/30 CLOSED Happy Memorial Day</p>	<p>5/31 Assorted Juices: Corn Flakes Bananas WGB</p> <p>PM: Cookies WGB</p>			