

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

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June 2022

Breakfast and Snack Menu

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast

Serving with morning meal: 100 percent juices: Orange, Grape, Apple

Drinks: 1% Milk, Coffee. Substitutes For PM: Snack Are Animal Crackers. Potato Chips, Fruit Cups,

Whole Grain Bread

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
			6/1 AM: Assorted Juices, Scrambled Eggs with Cheese, Applesauce WGB PM: Graham Crackers/ Peanut Butter WGB	6/2 Assorted Juices: Corn Flakes Strawberries WGB PM: Animal Crackers WGB	6/3 AM: Assorted Juices, Sausage Biscuits w/Gravy WGB PM: Cheese Its WGB
4&5 Closed	6/6 AM: Assorted Juices, Scrambled Eggs, Toast & Jelly WGB PM: Cheese Its WGB	6/7 AM: Assorted Juices, Hard Boiled Eggs, Toast & Jelly WGB PM: Graham Crackers WGB	6/8 AM: Assorted Juices, Cereal & Bananas WGB PM: Yogurt WGB	6/9 AM: Assorted Juices, Cinnamon Toast & Jelly, Fruit Cocktail WGB PM: Goldfish WGB	6/10 AM: Assorted Juices, Sausage Gravy & Biscuit WGB PM: Peanut Butter Crackers WGB
11&12 Closed	6/13 AM: Assorted Juices, French Toast WGB PM: Fruit Cups WGB	6/14 AM: Assorted Juices, Sausage biscuits, Fruit Cup WGB PM: Applesauce WGB	6/15 AM: Assorted Juices, Waffles, WGB PM: Animal Crackers WGB	5/16 AM: Assorted Juices, Muffins WGB PM: Peanut Butter crackers, WGB	6/17 AM: Assorted juices, Raisin Bread WGB PM: Yogurt WGB

<p>18&19 Closed</p>	<p>6/20 AM: Assorted Juices, Jelly Biscuit WGB</p> <p>PM: Cheese crackers WGB</p>	<p>6/21 AM: Scrambled Eggs, Toast WGB</p> <p>PM: Ice Cream Cup WGB</p>	<p>6/22 AM: Assorted Juices, Corn Flakes & Bananas Jelly WGB</p> <p>PM: Graham Crackers WGB</p>	<p>6/23 AM: Waffles, Applesauce WGB</p> <p>PM: Yogurt WGB</p>	<p>6/24 AM: Assorted Juices, Cinnamon & Raisin Toast WGB</p> <p>PM: Animal Crackers WGB</p>
<p>25&26 Closed</p>	<p>6/27 AM: Assorted Juices, Sausage biscuits, Fruit Cup WGB</p> <p>PM: Applesauce WGB</p>	<p>6/28 Assorted Juices: Corn Flakes Bananas WGB</p> <p>PM: Cookies WGB</p>	<p>6/29 AM: Assorted Juices, Pancakes, WGB</p> <p>PM: Animal Crackers WGB</p>	<p>6/30 AM: Assorted juices, Raisin Bread WGB</p> <p>PM: Cheese Crackers WGB</p>	