
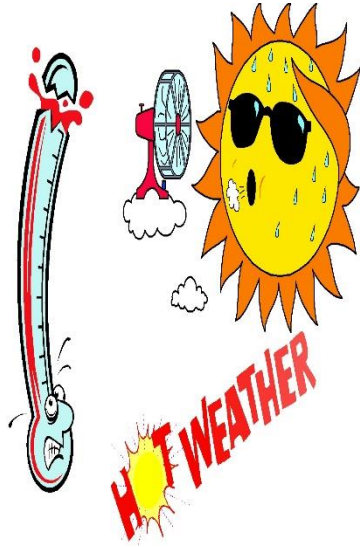



Adult Care Center of Roanoke Valley Activity Calendar August 2022

August

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (see attached menu) 9:30 AM – Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p> <hr style="border: 1px dashed black;"/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver’s Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, August 9th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Ruth Parsons if you have any questions.</p>	<p>August 7th Friendship Day</p> 		<p>August 21st Happy Senior Citizens Day</p> <div style="border: 1px solid gray; padding: 5px; text-align: center;"> <p>I'll hold your hand forever. Happy Senior Citizens Day!</p>  </div>
Monday	Tuesday	Wednesday	Thursday	Friday

1	2	3	4	5
10:00 Pledge Allegiance 10:05 Let's Make a Deal/ 10:30 Council Meeting 11:00 Current Events 11:30 Seated Exercises 1:00 Zumba 1:30 Marie Anderson 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Music Therapy w/ Catherine 2:00 Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00- Pledge Allegiance 10:05 Lets Make a Deal/Crafts 11:00 Current Events 11:30 Exercises 1:00 Seated Exercises 1:30 Saxy Keys 3:00-5:00 Cheers 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00-12:00 Church w/ Rev. Glockner 1:00 Random Trivia 1:30 Bowling 2:00 Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Dancing and Grooving 1:30 Thing That Are Golden 2:00 Zumba 3:00-5:00 I Love Lucy 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11	12
10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Who Am I? 1:30 Tai Chi w/Dink 2:00 Trivia 3:00-5:00 Walker Texas Ranger 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Church w/ Rev. Meadows 1:00 Noodle Ball 2:00 Zumba 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:00-11:00 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Headbands Game 1:30 Ragtop 3:00 Senior Stretches 3:30-5:30 The Jeffersons 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 CHEAP Categories 1:30 Horse Races 2:00 Seated Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05- Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Pure Gold Jokes & Puns 1:30 Golf 2:00 Exercises 3:30-5:00 Family Feud 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday

15	16	17	18	19
10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Jeopardy Trivia 2:00 Zumba 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Church w/ Rev Meadows 1:00 Music Therapy w/Catherine 2:00 Zumba 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Crafts 11:00 Current Events 11:30 Exercises 1:00 Vanilla Custard Word Mining 1:30 Saxy Keys 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 Table Games 2:00 Exercises 3:00-5:00 I love Lucy 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Parachute Game 1:30 “Sew” What! 2:00 Chair Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 What Am I? 1:30 Tai Chi w/Dink 2:00 Word Games 3:00-5:00 The Jeffersons 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 Church w/ Rev. Meadows 1:00 Bowling 1:30 Keith Campbell 2:00 Senior Stretches 3:00-5:30 Movie 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Zumba 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Modern Jeopardy Trivia 1:30 Elvis Presley Mixed Songs 2:00 Chair Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	10:00 Pledge Allegiance 10:05 Lets Make a Deal 10:30 Chair Exercises 11:00 Mark Baskind 1:00 Current Events 2:00 Afternoon Workout 2:30 Party for August Birthdays 3:00-5:00 Movie 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday

<p style="text-align: right;">29</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal 11:00 Current Events 11:30 Exercises 1:00 National Anthem Mining 1:30 Tai Chi w/Dink 2:00 Word Games 3:00-5:00 Andy Griffith Show 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">30</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 11:00 Church w/ Rev. Meadows 1:00 Travelogue with Tyron Williams & Ruth Parsons 1:30 Bowling 2:00 Senior Stretches 3:00-5:30 Movie 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">31</p> <p>10:00 Pledge Allegiance 10:05 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 August IQ 1:30 Afternoon Workout 2:00 Luau Party 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities</p>	 <p>A graphic with the text "Back to SCHOOL" in a red, bubbly font. Below the text are several sunflowers in a woven basket, a stack of colorful books, and a red apple.</p>	 <p>A graphic with the text "goodbye, august" in green and "hello, september" in yellow. It features autumn leaves, a small white birdhouse, a mushroom, and several colorful butterflies.</p>
---	--	--	---	---