

SEPTEMBER 2022 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFE AND WHOLE GRAIN BREAD SERVED WITH LUNCH DAILY

SUBSTITUTIONS FOR ENTRÉE: Peanut Butter and Jelly, Turkey or Ham Sandwiches

Monday	Tuesday	Wednesday	Thursday	Friday
			09/01	09/02
			Spaghetti & Meatballs, Tossed Salad, Garlic Bread, Fruit cup WGB	Country Fried Steak w/ Gravy, Mashed Potatoes, Peas, Roll Fruit Melody WGB
09/05	09/06	09/07	09/08	09/09
CENTER CLOSED HAPPY LABOR DAY	Ham & Cheese Sandwich, Pasta Salad, Corn, Pineapple Brownies, WGB	Baked Chicken Breast Roasted red Potatoes Vegetable Melody, Banana Pudding WGB	Pizza, Cheese Stick, Macaroni Salad w/ Cucumbers & Tomatoes, Applesauce Cups WGB	Meat Loaf Green Beans, Mashed Potatoes, Roll, Strawberries Sherbert WGB
09/12	09/13	09/14	09/15	09/16
BBQ Meatballs, Broccoli Casserole, Baked Beans, Pineapple Ice Cream Sandwiches WGB	Chef Salad w/Ham and Turkey & Cheese, Corn, Blueberries Pound Cake WGB	Salisbury Steak w/Gravy, Mashed Potatoes, Peas & Carrots, Roll Fruit Salad WGB	Baked Chicken Breast Over Rice & Gravy, Garlic Roasted Potatoes, Jello w/ Fruit WGB	Pizza, Cheese Stick, Green Beans, Chips, Pears WGB
09/19	09/20	09/21	09/22	09/23
Chicken Salad Sandwich, Potato Chips, Green Beans, Grapes Italian Ice WGB	Turkey & Cheese Sandwich w/ Lettuce & Tomato, Potato Soup, Asparagus, Oatmeal Cookie WGB	Sliced Ham, Corn, Sweet Potato, Roll, Watermelon WGB	Pizza, Cheese Stick, Broccoli, Fruit Cocktail WGB	Cheeseburgers with Buns, Potato Salad, Baked Beans, Strawberry Shortcake, WGB
09/26	09/27	09/28	09/29	09/30
Sliced Turkey w/ Gravy, Mashed Potatoes, Green Beans, Roll, Jello w/ Fruit WGB	BBQ Pulled Pork on Bun, Coleslaw, Baked Beans, Cantaloupe WGB	Chicken Pattie on Bun, Slice of Cheese Potato Salad, Carrots, Mandarin Oranges WGB	Hot Dogs with Bun w/ Chili, Baked Beans, Macaroni & Cheese, Corn Peaches WGB	Tuna Subs w/ Cheese, Lettuce & Tomato, Potato Chips, Green Beans, WGB

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