

Adult Care Center of Roanoke Valley

Activity Calendar September 2022

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Meals (see attached menu) 9:30 AM – Breakfast Snack 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p style="text-align: center;">The Caregiver's Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, October 11 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Ruth Parsons if you have any questions.</p>		<p style="text-align: center;">Halloween Party Monday, October 31st 2PM</p>  <p style="text-align: center;">Come dressed in a costume or wear Halloween colors!</p>	

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Clothes Pin Painting 11:00 Current Events 11:30 Exercises 1:00 Coloring Pages 1:30-2:30 Marie Anderson 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	4 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Church w/Rev. Meadows 1:00 Music Therapy w/Catherine 2:00 Zumba 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	5 10:00 Pledge Allegiance 10:05 Let's Make a Deal 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Flower Craft 3:00 Senior Stretches 3:30-5:30 The Jeffersons 5:30-6:00 Person Centered Activities	6 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00-12:00 Church w/ Rev. Glockner 1:15 Saxy Keys 2:00 Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	7 Polka Dot Day 10:00 Pledge Allegiance 10:05 -Lets Make a Deal/ Bingo 11:00 Marc Baskinds 11:30 Exercises 1:00 Current Events 1:30 Hoola Hoops Game 2:00 Zumba 3:30-5:00 I Love Lucy 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
10 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Council Meeting 1:30 Tai Chi w/Dink 2:00 Heart Art 3:00-5:00 Movies 5:00-6:00 Person Centered Activities	11 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Horseracing 1:00 History of Columbus Day 1:30 Columbus Day Jumble 2:00 Zumba 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	12 10:00 Pledge Allegiance 10:05 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Coloring Pages 1:30 Art Project 2:00 Headband Game 3:00 Senior Stretches 3:30-5:30 The Jeffersons 5:30-6:00 Person Centered Activities	13 10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Fork Painting 1:30 Horse Races 2:00 Seated Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	14 Orange Day 10:00 Pledge Allegiance 10:05 -Lets Make a Deal/ Bingo 11:00 Witch Categories 11:30 Exercises 1:00 Current Events 1:30 Skittle Project 2:00 Exercises 3:30-5:00 Family Feud 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday

<p style="text-align: right;">17</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Zumba 1:30 Marie Anderson 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">18</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Church w/ Rev Meadows 1:00 Music Therapy w/Catherine 2:00 Zumba 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities</p>	<p style="text-align: right;">19</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Marshmallow Craft 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">20</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 Halloween Wreath 2:00 Exercises 3:00 Nails 3:00-5:00 I Love Lucy 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">21</p> <p style="text-align: center;">Crazy Hair Day 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Parachute Game 1:30 Name Two 2:00 Chair Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">24</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Pumpkin Craft 1:30 Tai Chi 2:00 Hangman 3:00-5:00 The Jeffersons 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">25</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 Halloween Trivia 11:30 Remembering the Pumpkin Patch 1:30 Keith Campbell 2:00 Senior Stretches 3:00-5:30 Movie 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">26</p> <p>10:00 Pledge Allegiance 10:05 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Zumba 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">27</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Modern Jeopardy Trivia 1:30 Fall Dance 2:00 Chair Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">28</p> <p style="text-align: center;">Pajama Day 10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 10:30 Chair Exercises 11:00 Mark Baskind 1:00 Current Events 1:30 Baking Cookies/Wrap Halloween Candy 2:00 Afternoon Workout 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday

<div>31</div> <div>10:00 Pledge Allegiance</div> <div>10:05 Lets Make a Deal/Bingo</div> <div>11:00 Current Events</div> <div>11:30 Exercises</div> <div>1:00 Boo Worksheet</div> <div>1:30 Tai Chi w/Dink</div> <div>2:00 Halloween /Birthday Party</div> <div>3:00-5:00 Andy Griffith Show</div> <div>5:00-6:00 Person Centered Activities</div>				
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