

Adult Care Center of Roanoke Valley

Activity Calendar April 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (see attached menu) 9:30 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver's Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, April 11th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Michael Grepiotis if you have any questions.</p> <hr/>	<p>Join us for Easter Egg Hunt on Wednesday, April 5th at 1:00 PM</p> <p>Easter Bunny Visits on Tuesday, April 4th at 2 pm.</p>	<p>Join us for the following outings:</p> <p>April 3rd Fishing Rodeo</p> <p>April 18th Scenic Bus Outing</p> <p>Sign up on permission slip letter</p>	 <p>Center is CLOSED Good Friday, April 7th</p> <p>Happy Easter</p>

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30 Outing to Fishing Derby in Salem 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Exercises 11:30 Current Events 1:00 Senior Aerobics 1:30 Marie Anderson 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	4 10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Bible Study w/Pastor Meadows 1:00 Music Therapy w/Catherine 2:00 Ron Downing/Easter Bunny Visits 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities	5 10:00 Pledge Allegiance 10:05 Bingo/Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Easter Egg Hunt 2:00 Hangman 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities	6 10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 – 2:00 Horseracing 2:00 Seated Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	7  CENTER CLOSED HAPPY EASTER!
Monday	Tuesday	Wednesday	Thursday	Friday
10 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Exercises 11:30 Current Events 1:00 What Am I? 1:30 Tai Chi 3:00-5:00 Movie 5:00-6:00 Person Centered Activities	11 10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Bunny Funnies 1:00 Easter Crafts 2:00 Zumba 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities	12 10:00 Pledge Allegiance 10:00 Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 What's in the Bag? 2:00 Family Feud Game 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities	13 10:00 Pledge Allegiance/ Pet Therapy 10:05 Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 Exercises 2:00 Ron Downing 3:00 Nails 3:00-5:00 I Love Lucy 5:00-6:00 Person Centered Activities	14 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Humor Mugs 1:30 Seated Exercises 2:00 Chasing the Storm 3:00-5:00 Movie 5:00-6:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday

<p style="text-align: right;">17</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Marshmallow Peep 1:30 Chasing Knowledge: Weather Trivia 2:00 Word Builder 3:00-5:00 The Jeffersons 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">18</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Scenic Bus Outing 10:30 Chair Exercises 11:00 Bible Study w/Pastor Meadows 11:30 Dance & Weather Trivia 1:00 Music Therapy w/Catherine 2:00 Ron Downing 3:00-5:30 Movie 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">19</p> <p>10:00 Pledge Allegiance/Bingo 11:00 What Am I? 11:30 Exercises 1:00 Bingo 2:00 Zumba/Current Events 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">20</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:15 Saxy Keys 2:00 Chair Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">21</p> <p>10:00 Pledge Allegiance/Pet Therapy 10:05 Lets Make a Deal/Bingo 10:30 Chair Exercises 11:00 Current Events 11:30 Name Two 1:00 Who Am I? 2:00 Afternoon Workout 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">24</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Basketball 1:30 -Tai Chi 3:00-5:00 Andy Griffith Show 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">25</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 More Jeopardy Trivia 11:30 Travelogue: Meghalaya, India 1:00 Corn Hole 1:30 Council Meeting w/Mike 2:00 Easter Secret Message 3:00-5:30 Movie 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">26</p> <p>10:00 Pledge Allegiance/Music Therapy w/Catherine 10:05 Crafts 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Zumba 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities</p>	<p style="text-align: right;">27</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Balloon Volleyball 2:00 Ron Downing 3:00 Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>	<p style="text-align: right;">28</p> <p>10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 10:30 Chair Exercises 11:00 Marc Baskins 1:00 Afternoon Workout 1:30 Current Events 2:00 Name States 3:00-5:00 Movie 5:00-6:00 Person Centered Activities</p>

