


Adult Care Center of Roanoke Valley Activity Calendar May 2023



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p style="text-align: center;">Meals (see attached menu) 9:30 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <hr style="width: 20%; margin: 0 auto;"/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p> | <p style="text-align: center;">The Caregiver’s Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, May 9th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Michael Grepiotis if you have any questions.</p> |  <p style="font-size: small; margin-top: -5px;">graphicsarcade.com</p> <p style="text-align: center;">Mother’s Day Celebration</p> <p style="text-align: center;">May 12th 12 noon</p> | <p style="text-align: center;">Happy Nurses Day! Join us in honoring our nurses! Monday, May 8th 10:00 am</p> <p style="text-align: center; color: #00AEEF;">THANK YOU <i>nurses</i></p> <p style="text-align: center; color: #FF00FF;">♥</p> | |
| Monday | Tuesday | Wednesday | Thursday | Friday |

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| 1 | 2 | 3 | 4 | 5 |
| 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Exercises 11:30 Current Events 1:00 Senior Aerobics 1:30 Marie Anderson 3:00-5:00 Movie 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Crowd Categories 1:00 Music Therapy w/Catherine 2:00 Famous May Birthdays 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities | 10:00 Outing: Fishing Rodeo 10:00 Pledge Allegiance 10:05 Bingo 11:00 Current Events 11:30 Exercises 1:00 May IQ 2:00 Hangman 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 – 2:00 Horseracing 2:00 Seated Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Trivia 1:30 Seated Exercises 2:00 Corn Hole 3:00-5:00 Movie 5:00-6:00 Person Centered Activities |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 8 | 9 | 10 | 11 | 12 |
| 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Exercises 11:30 Current Events 1:00 What Am I? 1:30 Tai Chi 3:00-5:00 Movie 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Exercises 11:00 Word Categories 1:00 Crafts 2:00 Zumba 3:00-5:00 Walker Texas Ranger 5:00-6:00- Person Centered Activities | 10:00 Therapy Dogs/Pledge of Allegiance Music Therapy w/Catherine 11:00 Current Events 11:30 Exercises 1:00 Reminiscing 2:00 Family Feud Game 3:00 Exercises 3:30-5:30 Movie 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercises 11:00 Church w/ Rev. Glockner 1:00 Exercises 2:00 Ron Downing 3:00 Nails 3:00-5:00 I Love Lucy 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 12:00 Mother’s Day Brunch 1:00 Star of the Month: Henry Fonda 1:30 Seated Exercises 2:00 3:00-5:00 Movie 5:00-6:00 Person Centered Activities |
| Monday | Tuesday | Wednesday | Thursday | Friday |

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| 15 | 16 | 17 | 18 | 19 |
| 10:00 Pledge Allegiance 10:05 Lets Make a Deal/ Bingo 11:00 Current Events 11:30 Exercises 1:00 Crafts 2:00 Trivia 3:00-5:00 The Jeffersons 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 Bible Study w/Pastor Meadows 1:00 Music Therapy w/Catherine 3:00-5:30 Movie 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance/Bingo 11:00 What Am I? 11:30 Exercises 1:00 Bingo 2:00 Saxy Keys 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Trivia 2:00 Chair Exercises 3:00 Nails 3:00-5:00 Movie 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 10:30 Chair Exercises 11:00 Current Events 11:30 Name Two 1:00 Balloon Volleyball 2:00 Afternoon Workout 3:00-5:00 Movie 5:00-6:00 Person Centered Activities |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 22 | 23 | 24 | 25 | 26 |
| 10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 11:00 Current Events 11:30 Exercises 1:00 Basketball 1:30 Tai Chi 3:00-5:00 Andy Griffith Show 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 More Jeopardy Trivia 11:30 Travelogue Nevada 1:00 Corn Hole 1:30 Hangman 2:00 Keith Campbell 3:00-5:30 Movie 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance/ Music Therapy w/Catherine 10:05 Crafts 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Zumba 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities | 10:00 Pledge Allegiance/ Therapy Dog Visit 10:05 Current Events 10:30 Senior Stretch 11:00 Church w/ Rev. Glockner 1:00 Balloon Volleyball 2:00 Ron Downing 3:00 Exercises 3:00-5:00 Movie 5:00-6:00 Person Centered Activities | 10:00 Pledge Allegiance 10:05 Lets Make a Deal/Bingo 10:30 Chair Exercises 11:00 Marc Baskinds 12:00 Cookout 1:00 Afternoon Workout 1:30 Current Events 2:00 Name Favorite Desserts 2:30 May Birthday Party 3:00-5:00 Movie 5:00-6:00 Person Centered Activities |
| Monday | Tuesday | Wednesday | Thursday | Friday |

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| <p style="text-align: right;">29</p> <p>Center Closed</p> <p>Happy Memorial Day!</p> | <p style="text-align: right;">30</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Chair Exercises 11:00 More Jeopardy Trivia 11:30 Nevada Puzzle 1:00 Music Therapy w/Catherine 2:00 Council Meeting w/Mike 3:00-5:30 Movie 5:30-6:00 Person Centered Activities</p> | <p style="text-align: right;">31</p> <p>10:00 Pledge Allegiance/Music Therapy w/Catherine 10:05 Crafts 11:00 Current Events 11:30 Exercises 1:00 Bingo 2:00 Zumba 3: 30-5:30 Family Feud 5:30-6:00 Person Centered Activities</p> | | |
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