

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
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FEBRUARY 2024 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE, AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
			2/1	2/2
			Fish Sandwiches, Potato Salad, Green Beans, Grilled Pineapple, WW rolls, Milk, and Water LUAU DAY!!	Seasoned Pork Loin, Sweet Potatoes, Coleslaw, WW Rolls, Pears Milk & Water
2/5	2/6	2/7	2/8	2/9
5 Cheese Tortellini Alfredo, Steamed Broccoli, WW Rolls, Chocolate covered fruit, Milk & Water Chocolate Fondu Day!	Chicken Fried Rice, Corn, Fortune Cookie, Peaches, Milk & Water Chopsticks Day!	Ham and Cheese Sliders on WW rolls, Baked Beans, Macaroni Salad, Strawberries and Blueberries, Milk, and Water	Chicken Tenders, Mashed potatoes, Asparagus, WW Rolls, Jello, Milk, & Water	Pizza, cheese sticks, corn, Milk, & Water National Pizza Day!
2/12	2/13	2/14	2/15	2/16
Chicken Noodle Soup, Grilled Cheese Sandwiches on WW bread, Potato Chips, Pears, Milk & Water	BBQ Kielbasa, Fried Potatoes, Peas, WW rolls, Cantaloupe, Milk, & Water	Chicken Mac and Cheese, Garden Salad W Lettuce Tomato, Cucumber, Assorted Dressings, WW Rolls, Carrots, Strawberry Angel Food Cake, Water & Milk Valentine's Day!	Chili, Cornbread, Green Beans, WW Rolls, Milk, and Water	Country Style Steak, Mashed Potatoes, Broccoli Medley, WW Rolls, Fruit Cocktail, Milk & Water

2/19	2/20	2/21	2/22	2/23
Kielbasa Green Bean Potato Casserole, WW Rolls, Mixed Fruit, Milk, and Water	Chicken & Cheese Quesadillas, Jasmine Rice, Cucumbers, Fruit Cups Milk & Water	Taco Mac & Cheese, Lima Beans, WW Rolls, Banana Pudding Milk & Water	Spaghetti and Garlic Toast, Tossed Salad W/ Lettuce Tomato & Cucumber w/ Assorted dressing Fruit Wiggles, Milk & Water	Broccoli and Cheddar Soup, Cheddar biscuits, Pound Cake, Sliced bananas, Milk, and Water
2/26	2/27	2/28	2/29	
BBQ, Cornbread, Green Beans, Tea, Milk, and Water Johnny Cash Day!	Chicken Pot Pie, Cucumber and Tomato Salad, WW rolls, Sherbet, Milk, and Water	Sloppy Joe Tator Tot Casserole, Soft Carrots, Fruit Cocktail, WW Toast, Milk, and Water	Spiral Ham, Scalloped Potatoes, Corn, WW rolls, Milk, & Water	