

**ADULT CARE CENTER OF ROANOKE VALLEY**  
 2321 Roanoke Boulevard, Salem Virginia  
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### April 2024 LUNCH MENU

**NOTE: 1% MILK, WATER, TEA, COFFEE, AND WHOLE GRAIN BREAD are served with LUNCH DAILY**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>4/1</b>	<b>4/2</b>	<b>4/3</b>	<b>4/4</b>	<b>4/5</b>
Broccoli and Cheddar soup, pineapple, WW rolls, Milk & Water	3 Cheese Tortellini Alfredo, Salad, Garlic WW bread, Jello, Milk, and Water	Grilled Chicken, Mashed Potatoes, Corn, rainbow fruit skewers, rainbow punch, milk, and water	Deconstructed burrito, refried beans, beef, lettuce, tomato, cheese, sour cream, guacamole, salsa, WW bread, milk, and water	Turkey Burgers on WW bun, LTM, French peas, poundcake, Milk & Water
<b>4/8</b>	<b>4/9</b>	<b>4/10</b>	<b>4/11</b>	<b>4/12</b>
Ham or Turkey sliders, pasta salad, broccoli, Milk & Water	Chicken Pot Pie, WW rolls, fruit, Milk & Water	Easy Shepherd's Pie, green beans, WW biscuits, Milk, and Water	Easy Spinach Balls, Shredded Chicken, WW bread, green beans, Mixed fruit, Milk, & Water	Hawaiian meatballs, mixed veggies, grilled pineapple, WW rolls, Milk, & Water
<b>4/15</b>	<b>4/16</b>	<b>4/17</b>	<b>4/18</b>	<b>4/19</b>
Roast Beef Po'Boy Sandwiches, corn, watermelon, Milk & Water	Chicken fried rice, egg rolls, WW rolls, grapes, Milk, & Water	Cheeseburger, WW buns, Bell peppers, mandarin oranges, Water & Milk	Pizza, cheese sticks, corn, Plums, Milk, and Water	Fish fillet, coleslaw, Baked French fries, WW roll, Milk & Water

4/22	4/23	4/24	4/25	4/26
Sloppy Joe casserole, sweet potatoes, tropical fruit, Milk, and Water	Sweet and sour chicken, corn, WW rice, Milk & Water	Ravioli, broccoli, WW roll, blueberries, Milk & Water	Club sandwiches, baked beans, Corn, Fruit cocktail, Milk & Water	Spaghetti, salad with lite dressing, garlic bread, strawberries, Milk, and Water
4/29	4/30			
Philly cheesesteak, bell peppers, grapes, Milk, and Water	Grilled hotdogs w/chili, homemade potato salad, baked beans, fruit cocktail, milk, and water			