






Adult Care Center of Roanoke Valley Activity Calendar May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (See attached menu) 9:30 AM -- Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <p>Daily Alternative: We have several alternate activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver’s Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, May 14th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>	<p style="text-align: center;"><i>May Day</i></p> 		

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: right;">1</p> <p>10:00 Pledge 10:05 Current Events and Monthly Gazette 10:30 Famous May B-Days and Poem 11:00 May IQ and Wiser Now Wednesday 11:30 Exercise 1:00 Exercise 1:30 Most Lovable Grumps and Remember the Alamo 2:00 BINGO 3:00 Save the Rhinos and Calamity Jane 3:15 Movie: San Andreas 5:00 Person Centered</p>	<p style="text-align: right;">2</p> <p>10:00 Pledge 10:05 Current Events 10:30 David Beckham 11:00 World password Day 11:30 Soccer Exercise 1:00 Exercise 1:30 The Real McCoy Day 2:00 Knee Deep In history 3:00 Movie: Bend it like Beckham 5:00 Person Centered</p>	<p style="text-align: right;">3</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 2 Different colored shoes day and weeding therapy day 11:00 Exercise 11:30 BINGO 1:00 Exercise 1:30 Become a Queen 2:00 Golf One-Liners 3:00 Movie: The Adams Family 5:00 Person Centered</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">6</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Nursing Jokes 11:00 Who Am I? 11:30 Soccer Exercises 1:00 Balloon Volleyball Exercise 1:30 What is a bubble? 2:00 National Beverage Day 3:00 Movie: National Security 5:00 Person Centered</p>	<p style="text-align: right;">7</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Buddha Quotes 11:00 Karaoke for Karaoke Day! 11:30 Exercises 1:00 Music Therapy 2:00 BINGO 3:00 Teacher Proclamation 3:30 Exercises 4:00 Movie: MAX 5:30 Person Centered</p>	<p style="text-align: right;">8</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Eisenhower Alphabet Code 11:00 Coca-Cola history 11:30 Exercise 1:00 Hot Potato Exercise 1:30 Full Moon Names 2:00 What am I? 3:00 Movie: Pearl Harbor 5:00 Person Centered</p>	<p style="text-align: right;">9</p> <p>10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Library Outing (Puzzles and games) 2:00 BINGO 3:00 3:00 Nails 3:30 Peter Pan Day! 4:00 Movie: Peter Pan 5:30 Person Centered</p>	<p style="text-align: right;">10</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Nelson Mandela Day 11:00 Transcontinental Railroad 11:30 Noodle Ball Exercise 1:00 Exercise 1:30 Mother Ocean Day 2:00 OCEAN categories 2:30 Mother's Day Tea 3:00 Hires Root Beer Day 3:30 Movie: White House Down 5:00 Person Centered</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">13</p> <p>10:00 Pledge Allegiance 10:05 Current events 10:30 Stevie Wonder Day 11:00 Blueprint Day and Apple Pie history 11:30 Exercise 1:00 Exercise 1:30 History of Horseshoes 2:00 BINGO 3:00 Movie: Are we there yet? 5:00 Person Centered</p>	<p style="text-align: right;">14</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Cannes Film Festival and Fahrenheit Day 11:00 What tree did you fall from? 11:30 Exercise 1:00 Music Therapy 2:00 Do you know your neighbor game 3:00 Exercise 3:30 Movie: Fever Pitch 5:30 Person Centered</p>	<p style="text-align: right;">15</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Inspirational Family Quotes 11:00 History of Sliders 11:30 Exercise 1:00 Exercise 1:30 Inner Beauty 2:00 BINGO 3:00 Movie: Grease 5:30 Person Centered</p>	<p style="text-align: right;">16</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Mixed up Tennis and Tennis match 3:30 Do something Good 4:00 Movie: My Big Fat Greek Wedding 5:30 Person Centered</p>	<p style="text-align: right;">17</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Endangered Species 11:00 Flower Superstitions 11:30 Exercise 1:00 Exercise 1:30 Epithets of famous people 2:00 BINGO 3:00 Movie: Pitch Perfect 2 5:30 Person Centered</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">20</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 First Ladies Who Am I? You be the Umpire Trivia 11:00 Songs about Flowers 11:30 Exercise 1:00 Exercise 1:30 History of Astrology 2:00 Easy Pickins Band 3:00 BINGO 3:30 Movie: Singing in the rain 5:00 Person Centered</p>	<p style="text-align: right;">21</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Senior Citizen Mining 11:00 Watch "Foul Ball" videos on YT 11:30 Seated Dance Exercise 1:00 Exercise 2:00 Funny Baseball jokes 2:30 Participant Council 3:00 Gemini Day 3:30 Movie: Fast and Furious 7 5:30 Person Centered</p>	<p style="text-align: right;">22</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 First Reclining Chair 11:00 Celebrating Mr. Rogers 11:30 Exercise 1:00 Music Therapy 2:00 Harvey Milk Day and Sherlock Holmes 3:00 Movie: The Bourne Ultimatum 5:00 Person Centered</p>	<p style="text-align: right;">23</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercises 1:30 Library Outing (Giggles and Grins) 2:00 Famous Battleships 3:00 Turtle- Color By Number and Drew Carey 3:00 Nails 3:30 Movie: Mona Lisa Smile 5:30 Person Centered</p>	<p style="text-align: right;">24</p> <p>10:00 Pledge Allegiance 10:05 Marc Baskins 11:00 Current events 11:30 Exercise 1:00 Exercise 1:30 Famous Brothers 2:00 The Grimm Brothers 3:00 Gary Burghoff 3:30 Movie: Mirror Mirror 5:30 Person Centered</p>

**CLOSED
IN
OBSERVANCE
OF
MEMORIAL
DAY!**



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10:00 Pledge Allegiance
10:05 Current Events
10:30 Dionne Quintuplets
11:00 Volkswagen history
11:30 Exercise
1:00 Keith Campbell
2:00 Exercise
3:00 Benefits of swimming
3:30 Movie: A star is born
5:30 Person Centered

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10:00 Pledge
10:05 Current Events
10:30 History of the paperclip
11:00 Cop and Detective Shows/Henry Fonda word searches
11:30 Richard Simmons Exercise
1:00 Seated Zumba Exercise
1:30 Water painting
2:00 BINGO
3:00 Movie: Walk the line
5:00 Person Centered

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10:00 Pledge
10:05 Current Events
10:30 Who am I?
11:00 Peter the Great
11:30 Exercise
1:00 Beatles Wheel of Fortune
1:30 Watch YT about the Lincoln Memorial
2:00 Ice cream Trivia
3:00 Nails! For National Nail tech Day!
3:00 Movie: The lovely Bones
5:00 Person Centered

30

10:00 Pledge
10:05 Current Events
10:30 Clint Eastwood
11:00 Big Ben Facts
11:30 Exercise
1:00 Salad greens and Pizza pie word searches
1:30
2:00 BINGO
3:00 Watch Survivor (it's national Survivor day)
5:00 Person Centered

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