

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

MAY LUNCH MENU

NOTE: 1% MILK, WATER, TEA COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
		05/01	05/02	05/03
		Meatloaf, Mashed Potatoes, Peas, WW Rolls, Peaches, Milk & water	Seasoned Pork Lion, Sweet Potatoes, Green Beans, WW Rolls, Strawberry Shortcake, Milk & Water	Turkey Sandwiches W/ LTM, Potato Salad Broccoli Medley, Fruit Cocktail, Milk & Water
05/04	05/06	05/07	05/08	05/09
Beef Nachos, W/Lettuce Tomato, Onion, Cheese, Sour Cream, Salsa, Corn, Churro Twist, Milk & Water	Sloppy Joe Casserole, Coleslaw, Steak Fries, Chocolate pudding, Milk & Water	Club Sandwiches, Potato Chips, Apples, Milk & Water	Grilled Chicken Breast, Roasted Brussel Sprouts, Fingerling potatoes, WW rolls, Cantaloupe, Milk & Water	Ham & Cheese Sliders on WW rolls, Baked Beans, Macaroni Salad, Watermelon, Milk & Water
05/12	05/13	05/14	05/16	05/17
5 Cheese Tortellini Alfredo, Steamed Broccoli, WW Rolls, Blueberries, Raspberries, Milk & Water	Hot Dogs on Bun, Tater Tots, Baked Beans, Peach Cobbler, Milk & Water	Pinto Beans, Fried Potatoes, Cornbread, Watermelon, Milk & Water	Chicken Tenders, Seasoned Fries, Corn, WW Rolls, Peaches, Milk & Water	Fish Sandwiches, Potato Salad, Green Beans, Orange slices, Milk & Water

05/20	05/21	05/22	05/23	05/24
Beef Stroganoff W/ Egg noodles, WW Rolls, Green Beans, Quartered grapes Milk & Water	Ham & Cheese sandwiches W LTM, Pasta Salad W/ Tomatoes, Cucumber, Onions Ranch Dressing, Cantaloupe Milk & Water	Stuffed Shells, Garden Salad W Lettuce Tomato, Cucumber, Assorted Dressings, WW Rolls, Key Lime Pie Water & Milk	Baked Ham, Macaroni Salad, Green Beans, WW Rolls, Milk & Water	Cheeseburgers, W/LTM WW Bun, Tater Tots, Baked Beans, Pound Cake, Milk & Water
05/27	05/28	05/29	05/30	05/31
Steak and Cheese Sliders, Salad W/ Lettuce Tomato, Cucumbers, carrots, Strawberries & blueberries Milk & Water	Chicken & Cheese Quesadillas, Spanish Rice, Fruit Cups Milk & Water	Chicken & Stuffing Casserole, Lima Beans, Pineapple & Grapes, Mile & Water	Spaghetti and Garlic Toast, Tossed Salad W/ Lettuce Tomato & Cucumber w/ Assorted dressing Fruit Wiggles, Milk & Water	Meatballs, Chili Cheese Fries, Corn WW Rolls, Cheesecake, Milk & Water