

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

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JUNE 2024

Breakfast and Snack Menu

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
06/03 Scrambled Eggs, Sausage Patties, Milk & Juice P.M. Snack Pretzels & Fruit Popsicles	06/04 Pancakes & Bacon, Milk & Juice P.M. Snack Cheese Sticks & Apples	06/05 French Toast, Sausage Links, Milk & Juice P.M. Snack Fruit Salad and Sugar Cookies	06/06 Assorted Cereals W. Bananas, Milk & Juice P.M. Snack Applesauce Cake & Vanilla Ice Cream	06/07 Assorted Donuts & Cantaloupe, Milk & Juice P.M. Snack Chocolate Ice Cream, & Graham Crackers
06/10 Waffles & Sausage, Milk & Juice P.M. Snack Puff Corn & Baby Ruth Candy Bars	06/11 Assorted Muffins & Mixed Berries Milk & Juice P.M. Snack Bagel Bites & Raisins	06/12 Assorted Cereals W/Bananas Milk & Juice P.M. Snack German Chocolate Cake	06/13 Scrambled Eggs Ham & Biscuits, Milk & Juice P.M. Snack Chocolate Covered Thermometers & applesauce.	06/14 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Vanilla Cupcakes & Jello Wiggles
06/17 Bacon, Eggs, English Muffins w/ Apple Butter, Milk & Juice P.M. Snack Pimento Cheese Sandwiches & Applesauce	06/18 Breakfast Croissants w/raspberries and blueberries, Milk & Juice P.M. Snack Oreos & Cheetos	06/19 Assorted Cereals, Bananas, Milk & Juice P.M. Snack Let's Make Smores Day!	06/20 Sausage Gravy & Biscuits, Milk & Water P.M. Snack Ice Cream Soda Floats	06/21 Cinnamon Toast Stix and Bacon, Milk & Juice P.M. Snack Mini Tacos and Churros

<p>06/24 Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice</p> <p>P.M. Snack Mini Corndogs and cookies</p>	<p>06/25 Cinnamon Rolls, Strawberries & Blueberries Milk & Juice</p> <p>P. M. Snack Yogurt & Orange Slices</p>	<p>06/26 Sausage biscuits W/ jelly or Mustard, Milk, and juice</p> <p>P.M Snack Peanut butter crackers & Peaches</p>	<p>06//27 Assorted Cereals W/ Bananas, Milk, and Juice</p> <p>P.M. Snack Pretzels and cheese bites</p>	<p>06/28 Jelly Donuts, Fruit, Milk & Juice</p> <p>P/M. Snack Birthday Cake June B-day Celebration</p>