
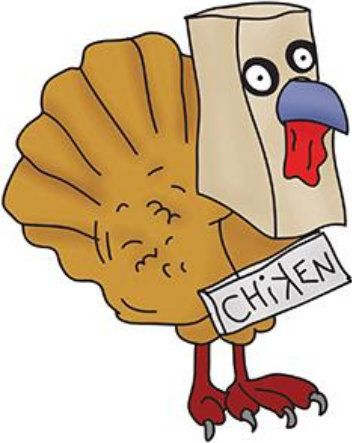


**Adult Care Center of Roanoke Valley
Activity Calendar November 2024**

November

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (See attached menu) 9:30 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregiver’s Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, November 12th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>			<p align="right">1</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Hangman 11:30 Noodle ball exercise 1:00 Exercise 1:30 Star of the Month 2:00 Bingo 3:00 Movie: Karate Kid 5:00 Person Centered Activities</p>

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line? 11:00 Balloon volleyball 11:30 Hangman 1:00 Exercise 1:30 Work a puzzle 3:00 Movie: Pixels 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Election Day Trivia 11:00 Election Day word scramble 11:30 Noodle ball exercise 1:00 Music Therapy 2:00 Exercise 3:00 Movie: Little Man 5:00 Person Centered <p style="text-align: center;">Election Day!</p>	10:00 Pledge Allegiance 10:05 Current Events 10:30 Simon says 11:00 Who am I 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Movie: Book Club 5:00 Person Centered	10:00 Pledge Allegiance 10:00 Scenic outing 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Karaoke 3:00 Movie: The Terminal 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Name that tune 11:00 What am I? 11:30 Noodle ball exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Family Switch 5:00 Person Centered Activities
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
10:00 Pledge Allegiance 10:05 Current Events 10:30 Veterans Day Discussion 11:00 Who is that Veteran 11:30 Exercises 1:00 Exercise 1:30 Hangman 2:00 Easy Pickin's Band! 3:00 Movie: First Daughter 5:00 Person Centered Veterans Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line 11:30 Exercises 1:00 Music Therapy 2:00 Exercise 3:00 Virtual tour- Greece 3:30 Movie: Mall Cop 5:30 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 11:00 Who are we? 11:30 Exercise 1:00 Exercise 1:30 Modern Jeopardy Trivia 2:00 Name that tune 3:00 Movie: Mall Cop 2 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 BINGO 2:00 Exercise 3:00 Nails 3:00 Movie: The Little Rascals 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Word scramble 11:00 What's my line 11:30 Exercise 1:00 Bingo 2:00 Exercise 3:00 Movie: Night School 5:00 Person Centered

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">18</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Virtual field trip 11:30 Exercise 1:00 Exercise 1:30 Crafts- painting 2:00 Family Feud 3:00 Movie: The Union 5:00 Person Centered</p>	<p style="text-align: right;">19</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Parachute Ball 11:00 What are you thankful for? 11:30 Exercise 1:00 Music Therapy w/Catherine 2:00 Exercise 3:00 Movie: Here Comes the Boom 5:00 Person Centered</p>	<p style="text-align: right;">20</p> <p>10:00 Pledge Allegiance 10:00 Scenic Tour 10:05 Current Events 10:30 What's my line 11:00 Favorite Thanksgiving dish 11:30 Exercise 1:00 Karaoke 2:00 Exercise 3:00 Movie: Lift 5:00 Person Centered</p>	<p style="text-align: right;">21</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Nails 3:00 Movie: Feel the Beat 5:00 Person Centered</p>	<p style="text-align: right;">22</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercise 11:00 Marc Baskins 12:00 Thanksgiving meal 1:00 Exercise 1:30 What am I? 2:00 Coloring 3:00 Movie: The Peanut Butter Falcon 5:00 Person Centered</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">25</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Thanksgiving word scramble 11:00 I Love Lucy 11:30 Exercises 1:00 Noodle Ball Exercise 1:30 Arts and crafts 3:00 Movie: Home Team 5:00 Person Centered</p>	<p style="text-align: right;">26</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Name that tune 11:00 Hangman 11:30 Exercise 1:00 Bingo 2:00 Exercise 3:00 Movie: Unfrosted 5:00 Person Centered</p>	<p style="text-align: right;">27</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line 11:00 Virtual field trip 11:30 Exercise 1:00 Music Therapy 2:00 Exercise 2:30 Participant Council 3:00 Movie: Queen Bees 5:00 Person Centered</p>	<p style="text-align: right;">28</p> <div data-bbox="1171 922 1522 1107" data-label="Image"> </div> <p style="text-align: center;">CLOSED FOR HOLIDAY!</p>	<p style="text-align: right;">29</p> <div data-bbox="1570 896 1885 1149" data-label="Image"> </div> <p style="text-align: center;">CLOSED FOR HOLIDAY!</p>

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