

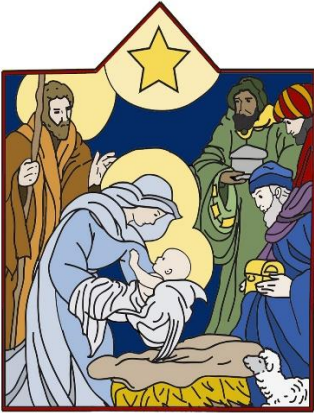


**Adult Care Center of Roanoke Valley  
Activity Calendar December 2024**

# D E C E M B E R

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>Meals</b> <b>(See attached menu)</b> <b>9:30 AM - Breakfast</b> <b>12 Noon - Lunch</b> <b>2:30 PM - Snack</b></p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p align="center"><b>The Caregiver's Support Group is held on the 2<sup>nd</sup> Tuesday of every month!</b> <b>Save the date of Tuesday, December 10th</b> <b>1:30 - 3 pm. Held at ACCRV Conference Room.</b> <b>Contact Pam Phipps if you have any questions.</b></p>			

<b>Monday</b> 2	<b>Tuesday</b> 3	<b>Wednesday</b> 4	<b>Thursday</b> 5	<b>Friday</b> 6
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Hangman <b>11:00</b> Watch Hollywood Square Game Show <b>11:30</b> Exercises <b>1:00</b> Noodle Ball <b>1:30</b> Toying with December Trivia (Toys) <b>2:00</b> Coloring <b>3:00</b> Movie: Holiday Rush <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> BINGO <b>11:30</b> Exercise <b>1:00 Music Therapy</b> <b>2:00</b> Exercise <b>3:00</b> Movie: Holiday in the Wild <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Christmas Rockefeller Center <b>11:30</b> Exercise <b>1:00</b> Exercises <b>1:30 Crafts- build a powdered snowman</b> <b>3:00</b> Movie: Let it snow <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:00 Scenic Outing</b> <b>10:05</b> Current Events <b>10:30 Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> BINGO <b>3:00</b> Movie: A boy called Christmas <b>3:00</b> Nails <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> What's my line? <b>11:00</b> December trivia <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Favorite Christmas memories <b>2:00</b> Draw a Christmas tree <b>3:00</b> Movie: That Christmas <b>5:00</b> Person Centered
<b>Monday</b> 9	<b>Tuesday</b> 10	<b>Wednesday</b> 11	<b>Thursday</b> 12	<b>Friday</b> 13
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Carol Burnett Bloopers <b>11:00</b> Who am I? <b>11:30</b> Exercises <b>1:00</b> Exercises <b>1:30</b> Hangman <b>2:00 Easy Pickins Band!</b> <b>3:00</b> Movie: Blown Away Christmas <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> BINGO <b>11:30</b> Exercises <b>1:00 Music Therapy</b> <b>2:00</b> Exercises <b>3:00</b> Movie: Fall into winter <b>5:30</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> My Christmas Wish? <b>11:00</b> Hangman <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Karaoke <b>2:00</b> Color an ornament <b>3:00</b> Movie: The Noel Diary <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30 Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Truth or Consequences <b>2:00</b> What am I / Christmas jokes <b>3:00</b> Nails <b>3:00</b> Movie: Operation Christmas Drop <b>3:00</b> Nails <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Hollywood Square <b>11:00</b> Who am I? <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> BINGO <b>3:00</b> Movie: I believe in Santa <b>5:00</b> Person Centered

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30</b> Hangman <b>11:00</b> Armchair travels- Switzerland <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Crafts- Christmas Cards <b>3:00</b> Movie: Journey to Bethlehem <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> BINGO <b>11:30</b> Exercise <b>1:00</b> Music Therapy <b>2:00</b> Exercise <b>3:00</b> Movie: Christmas with you. <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:00</b> Scenic Outing <b>10:05</b> Current Events <b>10:30</b> What's my line? <b>11:00</b> Jeopardy Trivia <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Karaoke <b>1:30</b> Color a snowflake <b>2:30</b> Participant Council <b>3:00</b> Movie: Merry Happy Whatever <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Church Service <b>11:30</b> Exercise <b>1:00</b> Saxy Keys <b>2:00</b> Exercise <b>3:00</b> Movie: Father Christmas if back <b>3:00</b> Nails <b>5:30</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Bingo <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Hangman <b>2:00</b> Christmas Trivia <b>3:00</b> Movie: A California Christmas: City Lights <b>5:00</b> Person Centered
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> BINGO <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Christmas Party <b>3:00</b> Movie: I believe in Santa <b>5:00</b> Person Centered	<b>Closed for  Holiday!</b>  <b>CHRISTMAS EVE!!</b>  <b>LEAVE COOKIES  OUT FOR SANTA  CLAUSE!!</b>	<b>Closed for  Holiday!</b>  <b>Merry  Christmas!</b>	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Church Service <b>11:30</b> Exercises <b>1:00</b> Exercises <b>1:30</b> What Am I? <b>2:00</b> Carol Burnette Bloopers <b>3:00</b> Movie: Home Team <b>3:00</b> Nails <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Exercise <b>11:00</b> Mark Baskins <b>1:00</b> Exercise <b>1:30</b> BINGO <b>3:00</b> Movie: Greater <b>5:00</b> Person Centered

<p style="text-align: center;"><b>Monday</b></p> <p style="text-align: right;"><b>30</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Hollywood Square  <b>11:00</b> Who am I?  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Star of the Month  <b>2:00</b> Work puzzles and puzzle books  <b>3:00</b> Movie: Harold and the Purple Crayon  <b>5:00</b> Person Centered</p>	<p style="text-align: center;"><b>Tuesday</b></p> <p style="text-align: right;"><b>31</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Get on the Ball  <b>11:00</b> Participant - New Year's Resolutions  <b>11:30</b> Exercise  <b>1:00</b> <b>Music Therapy</b>  <b>2:00</b> Exercise  <b>3:00</b> Movie: Zookeeper  <b>5:00</b> Person Centered</p> <p style="text-align: center;"><b>NEW YEARS EVE!!</b></p>			
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