

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

JANUARY 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
		01/01	01/02	01/03
		CLOSED NEW YEAR'S DAY	Baked Potato Soup, French Bread, Corn, Mixed Fruit, Milk & Water	Red Beans & Rice, Broccoli, Corn Muffins, peaches Milk & Water
01/06	01/07	01/08	01/09	01/10
Chicken & Dumplings, Corn Pudding, WW Rolls, Banana Pudding, Milk & Water	Vegetable Soup, Turkey or Ham Sandwiches, Fruit Cocktail, Milk & Water	Cheeseburgers, Tater Tots, Cherry Jello, Milk & Water	Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water	Hot Dogs W/ Chili, WW Bun, Cheesy Potatoes, Baked Beans, Pound Cake, Milk & Water
01/13	01/14	01/15	01/16	01/17
Chicken, Broccoli Casserole, Fries, Cole Slaw, Pears, Milk & Water	Chili, Corn, Corn Bread, Pound Cake, Milk & Water	Lasagna, Tossed Salad, Garlic Toast, Pineapple, Milk & Water	Chicken Tenders, Seasoned Fries, Corn, WW Rolls, Peaches Milk & Water	Fish Sandwiches, Potato Salad, Green Beans, Orange slices, Milk & Water

01/20	01/21	01/22	01/23	01/24
Chicken Pot Pie, Broccoli W/Cheese Sauce, WW rolls, Fruit Cocktail, Milk & Water	Open Faced Turkey Sandwiches, Mashed Potatoes, Gravy, Peas Milk & Water	Spaghetti and Garlic Toast, Tossed Salad W/ Lettuce Tomato & Cucumber w/ Assorted dressing. Fruit Wiggles, Milk & Water	Broccoli & Cheddar Soup, Turkey Sandwich on WW Bread, Peaches, Milk & Water	Tomato Soup, Grilled Cheese Sandwiches, Mango, Milk & Water

01/27	01/28	01/29	01/30	01/31
Sloppy Joe's on WW Roll, Pasta Salad, Cole Slaw, Applesauce Cake, Milk & Water	Turkey Sandwiches W/ LTM, Potato Salad, Broccoli Medley, Fruit Cocktail, Milk & Water	Chicken Tacos w/ Lettuce, tomato, cheese, sour cream and salsa. Corn, Yellow Cake W/Cream Cheese Icing, Milk & Water	Italian Sub Sandwiches with Potato Chips. Cinnamon Apple Sauce Milk & Water	Chicken Fried Rice, and Egg Rolls. Pineapple, Milk & Water