









**Adult Care Center of Roanoke Valley
Activity Calendar February 2025**

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Meals (See attached menu) 9:30 AM - Breakfast 12 Noon - Lunch 2:30 PM - Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Page</p>	<p align="center">The Caregiver's Support Group is held the 2nd Tuesday of every month! Save the date of Tuesday, February 11th 1:30 - 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>	<p align="center"></p>	<p align="center"> BLACK HISTORY MONTH</p>	<p align="center"></p>

Monday	Tuesday	Wednesday	Thursday	Friday
				
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">3</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Hangman – Bird feeder 11:00 The story of Groundhog day. 11:30 Exercise- chair 1:00 Balloon Volleyball Exercise 1:30 Crafts-cheerios bird feeders. 3:00 Movie: Unbroken 5:00 Person Centered</p> <p>Feed the Birds Day!</p>	<p style="text-align: right;">4</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 BINGO 11:30 Exercises 1:00 Music Therapy 2:00 Exercise 3:00 Movie: My best friend Anne Frank 5:00 Person Centered</p> <p>Bronze Star Day Rosa Parks Birthday</p>	<p style="text-align: right;">5</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Armchair Travels -Dubai 11:30 Exercise-ballon volleyball 1:00 Exercise 1:30 Karaoke / Dance 3:00 Movie: Greater 5:00 Person Centered</p> <p>Hank Aaron Birthday</p>	<p style="text-align: right;">6</p> <p>10:00 Pledge Allegiance 10:05 Bus Outing 10:05 Current events 10:30 Church Service 11:30 Exercise- Balloon toss 1:00 Exercise 1:30 BINGO 3:00 Nails 3:00 Movie: Dumplin 5:00 Person Centered</p>	<p style="text-align: right;">7</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise - Noodle Ball 1:00 Exercise 1:30 Hollywood Squares 2:00 Hangman- Hank Aaron 3:00 Movie: Megan Leavey 5:00 Person Centered</p>

Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
10:00 Pledge Allegiance 10:05 Current events 10:30 Exercise 11:00 Polynesian Dancing with Ilima 1:00 Exercise 1:30 Work a puzzle 2:00 Easy Pickins' Band! 3:00 Movie: Crossroads 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise- balloon noodle ball 1:00 Music Therapy 2:00 Exercise 3:00 Movie: The Miracle Club 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mountain Zoo 11:30 Exercise 1:00 Exercise 1:30 Roanoke Symphony Orchestra 3:00 Movie: The Beautiful Game 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: The Swimmers 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Crafts- Valentines 11:30 Exercise 1:00 Exercise 1:30 Word scramble 2:00 Valentines Day Party 3:00 Movie: After 5:00 Person Centered Valentines Day!!
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
10:00 Pledge Allegiance 10:05 Current Events 10:30 Presidents Trivia 11:00 President's day guess a letter 11:30 Exercise 1:00 Exercise- noodleball 1:30 Bingo 3:00 Movie:Lift 5:00 Person Centered Presidents Day Wear red, white & blue	10:00 Pledge Allegiance 10:05 Current Events 10:30 Hollywood Squares 11:00 Food items word scramble 11:30 Exercise 1:00 Music Therapy 2:00 Exercise 3:00 Movie: Scooby Doo 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Exercise-balloon volleyball 1:30 Karaoke 2:30 Participant Council 3:00 Movie: All together now 5:00 Person Centered	10:00 Pledge Allegiance 10:00 Scenic Outing! 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Movie: Lost City 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current events 10:30 What's my line? 11:30 Exercise 1:00 Exercise 1:30 Friendship Mining 1:30 Cards 3:00 Movie: The Childres's Train 5:00 Person Centered

24	25	26	27	28
<p> 10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line? 11:00 Computer word scramble 11:30 Exercise – parachute 1:00 Exercise 1:30 BINGO 3:00 Movie: Cinderella Man 5:00 Person Centered </p>	<p> 10:00 Pledge Allegiance 10:05 Current Events 10:30 Would you rather? 11:00 Hollywood Squares 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Movie: The Hidden Lives of Pets 5:00 Person Centered </p>	<p> 10:00 Pledge Allegiance 10:05 Current Events 10:30 BINGO 11:30 Exercise-balloon toss 1:00 Music Therapy 2:00 Exercise 3:00 Movie: Mr. and Mrs. Smith 5:00 Person Centered </p>	<p> 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Services 11:30 Exercises 1:00 Exercises 1:30 I Love Lucy 2:00 Word Scramble 3:00 Nails 3:00 Movie: King Kong 5:00 Person Centered </p>	<p> 10:00 Pledge Allegiance 10:05 Current events 11:00 Marc Baskins 11:00 Friendship Mining 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Movie: Godzilla minus one 5:00 Person Centered </p>