

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

**FEBRUARY 2025 LUNCH MENU**

**NOTE: 1% MILK, WATER, TEA COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
02/03	02/04	02/05	02/06	02/07
Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water	Chicken Salad on Croissant Roll, W LTM, Potato Chips, Cantaloupe, Milk & Water	Pot Roast, Potatoes, Carrots, WW Rolls, Milk & Water	Chicken & Stuffing Casserole, Lima Beans, Apples & Grapes, Milk & Water	Potato Soup, French Bread, Corn, Orange Slices, Milk & Water
02/10	02/11	02/12	02/13	02/14
Hawaiian Chicken Kabobs, WW Rice, Oven Roasted Hawaiian vegetables, Hawaiian Rolls, Milk & Water	Broccoli Cheese Soup, Corn Muffins, Peas, Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Hot Dogs on Bun W/ Chili, Tater Tots, Green Beans, Milk & Water	Hawaiian Meatballs, Salad W/ Lettuce Tomato, Cucumbers, carrots, Strawberries & blueberries Milk & Water
02/17	02/18	02/19	02/20	02/21
Pulled Pork Sandwiches, Sweet Potato Fries, Cole Slaw, Watermelon, Milk & Water	Cheeseburgers, W/LTM WW Bun, Tater Tots, Baked Beans, Pound Cake, Milk & Water	Lasagna, Tossed Salad, Garlic Toast, Watermelon, Milk & Water	Chicken Tenders, Seasoned Fries, Corn, WW Rolls, Peaches Milk & Water	Fish Sandwiches, Potato Salad, Green Beans, Orange slices Milk & Water

02/24	02/25	02/26	02/27	02/28
Grilled Chicken Breast, Roasted Brussel Sprouts, Fingerling potatoes, WW rolls and Cantaloupe Milk & Water	Peanut butter & Jelly Sandwiches Chicken Noodle Soup, Milk & Water	Spaghetti and Garlic Toast, Tossed Salad W/ Lettuce Tomato & Cucumber w/ Assorted dressing Fruit Wiggles, Milk & Water	Baked Ham, Macaroni Salad, Green Beans and WW Rolls Milk & Water	Personal Pan Pepperoni and Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water
