




Adult Care Center of Roanoke Valley Activity Calendar March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Meals (See attached menu) 9:30 AM - Breakfast 12 Noon - Lunch 2:30 PM - Snack</p> <hr style="width: 20%; margin-left: 0;"/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Page</p>	<p style="text-align: center;">The Caregivers' Support Group is held on the 2nd Tuesday of every month! Save the date of Tuesday, March 12th 1:30 - 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>			

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">3</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line? 11:00 March IQ 11:30 Exercise-Noodleball 1:00 Exercise 1:30 BINGO 3:00 Movie: 13 Going on 30 5:00 Person Centered</p>	<p style="text-align: right;">4</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Mardi Gras Hangman 11:30 Exercises – beach ball toss 1:00 Music Therapy 2:00 Exercises 3:00 Movie: Lift 5:00 Person Centered</p> <p>Fat Tuesday</p>	<p style="text-align: right;">5</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Hollywood Squares or work a Puzzle 11:30 Exercise 1:00 Hot Potato Exercise 1:30 Karaoke / Dance 3:00 Movie: Still Alice 5:00 Person Centered</p>	<p style="text-align: right;">6</p> <p>10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Nails 3:00 Movie: The man from Toronto 5:00 Person Centered</p>	<p style="text-align: right;">7</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Jeopardy 11:00 Puzzles 11:30 Exercise 1:00 Exercise 1:30 Arts / Crafts- March coloring 3:00 Movie: Silverado 5:00 Person Centered</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">10</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Remembering Grooming products 11:00 Soccer Exercise 11:30 Finish the Line- Bible phrases and hymns 1:00 Balloon Volleyball Exercise 1:30 Australia Crossword 2:00 Easy Pickins' Band! 3:00 Movie: Logan Lucky 5:00 Person Centered</p>	<p style="text-align: right;">11</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 BINGO 11:30 Exercises 1:00 Music Therapy 2:00 Exercises 3:00 Movie: Miss Congeniality 5:00 Person Centered</p>	<p style="text-align: right;">12</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mountain Zoo 11:30 Exercise- balloon volleyball 1:00 Hot Potato Exercise 1:30 Roanoke Symphony Orchestra Trio visit 3:00 Movie: Rush Hour 5:00 Person Centered</p>	<p style="text-align: right;">13</p> <p>10:00 Pledge Allegiance 10:05 Current events 10:05 Scenic Outing! 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Nails 3:00 Movie: Rush Hour 2 5:00 Person Centered</p>	<p style="text-align: right;">14</p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Armchair travels- cruising the Nile 11:30 Noodle Ball Exercise 1:00 Exercise 1:30 Karaoke / Dance 3:00 Movie: Rush Hour 3 5:00 Person Centered</p>

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
10:00 Pledge Allegiance 10:05 Current events 10:30 Mysteries of Ancient Egypt 11:00 Hollywood Squares 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Movie: Irish Wish 5:00 Person Centered St. Patrick's Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 Family Feud 11:00 Word Scramble 11:30 Exercise 1:00 Music Therapy 2:00 Exercise 3:00 Movie: The Peanut Butter Falcon 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 What's my line? 11:00 Hangman- "Spring" 11:30 Exercise 1:00 Exercise 1:30 Karaoke / Dance 3:00 Movie: The world's fastest Indian 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Movie: Big George Foreman 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Art- Spring painting 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Movie: The man from U.N.C.L.E. 5:00 Person Centered
Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
10:00 Pledge Allegiance 10:05 Current Events 10:30 BINGO 11:30 Exercise 1:00 Exercise 1:30 Work a Puzzle or watch Hee-Haw 2:00 Hangman 3:00 Movie: Glass Onion 5:00 Person Centered National Chocolate Covered Raisin Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 Armchair travel-destination Greece 11:00 Hangman- Greek Gods 11:30 Parachute Exercise 1:00 Music Therapy 2:00 Exercise 3:00 Movie: Unfrosted 5:00 Person Centered Greek Independence Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 BINGO 11:30 Exercise 1:00 Exercise 1:30 Karaoke 3:00 Movie: The Parades 5:00 Person Centered Hawaiian Holiday	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:00 Bus Outing 11:30 Exercise 1:00 Exercises 1:30 Word Scramble-March 3:00 Nails 3:00 Movie: Inception 5:00 Person Centered	10:00 Pledge Allegiance 10:15 Marc Baskins 11:30 Exercise 1:00 Exercise 1:30 BINGO 3:00 Movie: Interstellar 5:00 Person Centered Dump Cake Day

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10:00 Pledge Allegiance

10:05 Current Events

10:30 What am I?

11:00 BINGO

11:30 Exercise

1:00 Exercise

1:30 Lovell-y Day

2:00 Who am I?

3:00 Movie: Godzilla Minus

One

5:00 Person Centered