

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

MARCH 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
03/03	03/04	03/05	03/06	03/07
Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water	Chicken Sandwich on WW Roll, W/ LTM, Potato Chips, Strawberries, Milk & Water	Red Beans and Rice, Kielbasa, Apple Sauce, WW Rolls, Milk & Water	Chicken & Stuffing Casserole, Lima Beans, Apples & Grapes, Milk & Water	Potato Soup, French Bread, Corn, Orange Slices, Milk & Water
03/10	03/11	03/12	03/13	03/14
Spaghetti and Garlic Toast, Tossed Salad W/ Lettuce, Tomato & Cucumber w/ Assorted dressing Fruit Wiggles, Milk & Water	Broccoli Cheese Soup, Corn Muffins, Peas, Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Hot Dogs on Bun W/ Chili, Tater Tots, Green Beans, Milk & Water	Beef Taco Salad, W/ Lettuce, Tomato, Sour Cream, Cheese, Salsa, Cinnamon Churros, Cantaloupe, Milk & Water
03/17	03/18	03/19	03/20	03/21
Sloppy Joes, French Fries, Cole Slaw, Watermelon, Milk & Water	Cheeseburgers, W/LTM WW Bun, Tater Tots, Baked Beans, Pound Cake, Milk & Water	Vegetable Lasagna, Tossed Salad, Garlic Toast, Watermelon, Milk & Water	Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water	Fish Sandwiches, Potato Salad, Green Beans, Orange slices Milk & Water

03/24	03/25	03/26	03/27	03/28
Chili W/ beans, Corn muffins, Corn, and Cantaloupe Milk & Water	Peanut butter & Jelly Sandwiches, Chicken Noodle Soup, Milk & Water	Hawaiian Meatballs, Wild Rice, Corn, Hawaiian Rolls, Milk & Water	Baked Ham, Macaroni Salad, Green Beans and WW Rolls Milk & Water	Personal Pan Pepperoni and Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water

03/31				
Chicken Taco Salad W/ Lettuce, Tomato, Cheese, Sour Cream, Peaches Milk & Water				