

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

MAY 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
			05/01	05/02
			Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple Pound Cake, Milk & Water	Steak Hibachi W/ Fried Rice WW Rolls Strawberries & Milk & Water
05/05	05/06	05/07	05/08	05/09
Chicken Salad on Croissants, Potato Chips, Grapes, Milk & Water	Chicken, Cheese Quesadilla, Corn, Rice Chocolate Chips Cookies Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Salad w/Grilled Chicken, assorted Dressings, Bread Stick, Cantaloupe Milk & Water	BBQ Pork Sliders on Pretzel Rolls, Jalapeno Slaw, Tater Tots, Peaches, Milk & Water
05/12	05/13	05/14	05/15	05/16
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chicken Spaghetti with Broccoli, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Beef Lasagna, Tossed Salad, Garlic Toast, Cantaloupe, Milk & Water	Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water	Buffalo Chicken Wrap, W/ Bacon, Ranch dressing Chips, Orange slices Milk & Water

05/19	05/20	05/21	05/22	05/23
Italian Sub Sandwiches, French Fries , Peas, Milk & Water	Chicken Pot Pie, Side salad, WW/ Rolls, Milk & Water	Hawaiian Meatballs, Wild Rice, Corn, Hawaiian Rolls, Milk & Water	Chicken Fajitas on WW tortilla, Black beans, Mexican Rice, onions and peppers, Pineapple, milk and water	Personal Pan Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water

05/26	05/27	05/28	05/29	05/30
Ground Beef Taco Salad W/ Lettuce, Tomato, Cheese, Sour Cream, Peaches Milk & Water	Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water	Hot Dogs on Bun W/ Chili, Tater Tots, Green Beans, Milk & Water	Baked Ziti, Garden Salad, Assorted Dressing, Bread Sticks, Watermelon, Milk & Water	Cheese Burgers on Bun, W/ LTM, Mac & Cheese, Baked Beans, Milk & Water