

**ADULT CARE CENTER OF ROANOKE VALLEY**

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**MAY 2025****Breakfast and Snack Menu****Cereal, milk, and whole wheat toast is available as substitutes for AM Breakfast.****Serving with morning Breakfast: 100 percent juices: Orange & Grape****1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,****Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.**

| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>   |
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|  |  |  | <b>05/01</b><br>French Toast,<br>Sausage Patties<br>Milk & Juice<br><br>P.M. Snack<br>Pizza Rollups &<br>Watermelon          | <b>05/02</b><br>Blueberry<br>Pancakes, Bacon<br>Milk & Juice<br><br>P.M. Snack<br>Graham Crackers<br>& Peanut Butter                              |
| <b>05/05</b><br>Waffles & Sausage,<br>Milk & Juice<br><br>P.M. Snack<br>Pizza Rolls and<br>Grapes                              | <b>05/06</b><br>Assorted Muffins<br>Blueberry &<br>Cinnamon & Mixed<br>Berries, Milk & Juice<br><br>P.M. Snack<br>Mozzarella Cheese<br>Sticks, Ranch Dip &<br>Apples | <b>05/07</b><br>Cheerios<br>W/Bananas<br>Milk & Juice<br><br>P.M. Snack<br>Crackers & Cheese<br>Cantaloupe             | <b>05/08</b><br>Scrambled Eggs,<br>Bacon & Biscuits,<br>Milk & Juice<br><br>P.M. Snack Orange<br>Slices, Pig In A<br>Blanket | <b>05/09</b><br>Breakfast<br>Casserole, Fruit<br>Cocktail, Milk &<br>Juice<br><br>P.M. Snack<br>Jello & Fruit<br>Cocktail, Peanut<br>Butter Toast |
| <b>05/12</b><br>Bacon, Eggs, English<br>Muffins w/ Apple<br>Butter, Milk & Juice<br><br>P.M. Snack<br>Moon Pies<br>&Cantaloupe | <b>05/13</b><br>Cheerios, Bananas,<br>Milk & Juice<br><br>P.M. Snack<br>Nutella or PB toast &<br>strawberries  | <b>05/14</b><br>Ham & Egg<br>Quiche,<br>Cantaloupe, milk<br>& juice<br><br>P.M. Snack<br>Tortilla Pinwheels<br>& Chips | <b>05/15</b><br>Sausage Gravy &<br>Biscuits, Milk &<br>Juice<br><br>P.M. Snack<br>Ground Beef Taco<br>Dip and Chips          | <b>05/16</b><br>French Toast and<br>Bacon, Milk &<br>Juice<br><br>P.M. Snack<br>Jello and Animal<br>Crackers                                      |

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| <b>05/19</b><br><b>Blueberry Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice</b><br><br><b>P.M. Snack</b><br><b>Mini Corndogs &amp; Chocolate Covered Raisins</b> | <b>05/20</b><br><b>Assorted Muffins Blueberry, Orange Cranberry Strawberries &amp; Blueberries Milk &amp; Juice</b><br><br><b>P. M. Snack</b><br><b>Yogurt &amp; Pretzels</b> | <b>05/21</b><br><b>Cheerios W/ Bananas, Milk, and Juice</b><br><br><b>P.M Snack</b><br><br><b>Root beer Floats</b><br><b>Sugar Free Root beer &amp; Vanilla Ice cream</b> | <b>05/22</b><br><b>Scrambled Eggs, Sausage Patties, Milk &amp; Juice</b><br><br><b>P.M. Snack</b><br><b>Peanut butter crackers &amp; Vanilla Pudding</b>            | <b>05/23</b><br><b>Sausage Egg &amp; Cheese Biscuits Bananas Milk &amp; Juice</b><br><br><b>P.M. Snack</b><br><b>Chili cheese tots W/ blueberries</b>               |
| <b>05/26</b><br><br><b>CLOSED:</b><br><b>Memorial Day</b><br><br><b>Thank you, Veterans!</b>  | <b>05/27</b><br><br><b>Sausage biscuits W/ jelly or Mustard, Milk, and juice</b><br><br><b>P.M Snack</b><br><b>Peanut butter crackers &amp;</b><br><br><b>Grape Popsicles</b> | <b>05/28</b><br><br><b>Cheerios, Bananas, Milk &amp; Juice</b><br><br><b>P.M. Snack</b><br><br><b>Pudding Cups &amp; Raisins</b>  | <b>05/29</b><br><br><b>Breakfast Croissants w/raspberries and blueberries, Milk &amp; Juice</b><br><b>P.M. Snack</b><br><b>Yogurt &amp; Mini Banana Nut Muffins</b> | <b>05/30</b><br><b>Eggs, Bacon, English Muffins, Apple Butter, Milk &amp; Juice</b><br><br><b>Birthday Cake &amp; Ice Cream</b><br><b>Celebrating May Birthdays</b> |