ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax:540-981-2353

JUNE 2025

Breakfast and Snack Menu

Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
06/02 Sausage biscuits W/ jelly or Mustard, Milk, and juice P.M Snack Peanut butter crackers & Grape Popsicles	06/03 Cinnamon Rolls w/raspberries and blueberries, Milk & Juice P.M. Snack Yogurt & Mini Banana Nut Muffins	06/04 Cheerios, Bananas, Milk & Juice P.M. Snack Pudding Cups & Raisins	06/05 French Toast, Sausage Patties Milk & Juice P.M. Snack Gingerbread Cookies and Vanilla Ice Cream	06/06 Assorted Donuts Sausage Patties, Orange Slices Milk & Juice P.M. Snack Graham Crackers & Peanut Butter
06/09 Waffles & Sausage, Milk & Juice P.M. Snack Pizza Rolls and Grapes	06/10 Assorted Muffins Blueberry & Cinnamon & Mixed Berries Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip & Apples	06/11 Cheerios W/Bananas. Milk & Juice P.M. Snack Crackers & Cheese Cantaloupe	O6/12 Scrambled Eggs Bacon & Biscuits, Milk & Juice P.M. Snack Pig In A Blanket & Peanut butter Cookies	06/13 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Jello & Fruit Cocktail, Peanut Butter Toast
06/16 Bacon, Eggs and English Muffins w/ Apple Butter, Milk & Juice P.M. Snack Crackers with cheese & Cantaloupe	06/17 Cheerios, Bananas Milk & Juice P.M. Snack Nutella/PB toast & strawberries	06/18 Ham & Egg Quiche Cantaloupe, milk & juice P.M. Snack Tortilla Pinwheels & Chips	06/19 Sausage Gravy & Biscuits, Milk & Water P.M. Snack Ground Beef Taco Dip and Chips	06/20 French Toast and Bacon, Milk & Juice P.M. Snack Ice Cream Sodas

06/23 Blueberry Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice	06/24 Assorted Muffins Blueberry, Orange Cranberry Strawberries &	06/25 Cheerios W/ Bananas, Milk, and Juice	06/26 Scrambled Eggs, Sausage Patties, Milk & Juice	06/27 Sausage, Egg & Cheese Biscuits. Bananas, Milk & Juice
P.M. Snack Mini Corndogs & Chocolate Covered Raisins	Blueberries Milk & Juice P. M. Snack Yogurt & Pretzels	P.M Snack Root beer Floats Sugar Free Root beer & Vanilla Ice cream	P.M. Snack Chocolate Pudding, Graham Crackers	P.M. Snack Birthday Cake & Ice Cream Celebrating June Birthdays
06/30 Eggs, Bacon, English Muffins, Apple Butter, Milk & Juice P.M Snack Red, White and Blue Short Cake (Strawberries &				