

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

### JULY 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	07/01	07/02	07/03	07/04
	BBQ Pork Sliders on Pretzel Rolls, Jalapeno Slaw, Tater Tots, Peaches, Milk & Water	Cheesy Chicken, Broccoli & rice casserole, WW rolls, Oranges, Milk & Water	Hot Dogs, Baked Beans, Mac & Cheese, Strawberry, Blueberry Fruit Salad w/ White Chocolate, Milk & Water	CLOSED CELEBRATING 4 <sup>th</sup> of JULY
07/07	07/08	07/09	07/10	07/11
Baked Ziti, Garden Salad, Assorted Dressings, Bread Sticks, Watermelon, Milk & Water	Chicken and Cheese Quesadillas, Corn, Rice Chocolate Chip Cookies Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Salad w/Grilled Chicken, assorted Dressings, Bread Sticks, Cantaloupe, Milk & Water	Hibachi Chicken W/ Fried Rice WW Rolls, Strawberries & Milk & Water
07/14	07/15	07/16	07/17	07/18
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Walking Taco in a Bowl, Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Watermelon, Milk & water	Cheeseburgers on WW Bun, W/ LTM, Mac & Cheese, Baked Beans, Milk & Water	Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water	Buffalo Chicken Wrap, W/ Bacon, Ranch dressing Chips, Orange slices Milk & Water

07/21	07/22	07/23	07/24	07/25
Italian Sub Sandwiches, French Fries, Peas, Milk & Water	Chicken Pot Pie, Side salad, WW/ Rolls, Milk & Water	Hawaiian Meatballs, Wild Rice, Corn, Hawaiian Rolls, Milk & Water	Loaded baked potatoes w/ Shredded BBQ Chicken, Sour Cream, Cheese and Chives, Texas Toast, Peaches Milk & Water	Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water

07/28	07/29	07/30	07/31	
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water	Buffalo Chicken Lasagna, Side Salad, Bread Sticks, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple upside down Cake, Milk & Water ,	Ham & Cheese Slider Rolls, Tater Tots, Side Salad, Cantaloupe, Milk & Water	