

ADULT CARE CENTER OF ROANOKE VALLEY

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JULY 2025**Breakfast and Snack Menu****Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.****Serving with morning Breakfast: 100 percent juices: Orange & Grape****1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,****Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.**

Monday	Tuesday	Wednesday	Thursday	Friday
	07/01 Cinnamon Rolls, Sausage Patties w/raspberries and blueberries, Milk & Juice P.M. Snack Mini Banana Nut Muffins W/ fruit cocktail	07/02 Cheerios, Bananas, Milk & Juice P.M. Snack Pudding Cups & Raisins	07/03 French Toast, W/ syrup Sausage Patties Milk & Juice P.M. Snack Gingerbread Cookies and Vanilla Ice Cream	07/04 CLOSED CELEBRATING 4th of JULY
07/07 Waffles w/ syrup & Sausage, Milk & Juice P.M. Snack Pizza Rolls and Grapes	07/08 Assorted Muffins Blueberry & Cinnamon, & Mixed Berries Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries W/ powdered sugar	07/09 Cheerios W/Bananas. Milk & Juice P.M. Snack Crackers & Cheese Cantaloupe	07/10 Scrambled Eggs Bacon & Biscuits, Milk & Juice P.M. Snack Pigs In A Blanket & Peanut butter Cookies	07/11 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Fruit Cocktail W/ Jello, Peanut Butter Toast
07/14 Bacon, Eggs and English Muffins w/ Apple Butter, Milk & Juice P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	07/15 Cheerios, Bananas, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip & Apples	07/16 Ham & Egg Quiche, Cantaloupe, milk & juice P.M. Snack Tortilla Pinwheels & Chips	07/17 Sausage Gravy & Biscuits, Milk & Water P.M. Snack Ground Beef Taco Dip and Chips	07/18 French Toast W/ syrup and Bacon, Milk & Juice P.M. Snack Nutella/PB toast & strawberries

07/21 Blueberry Pancakes W/ Syrup, Sausage Links, Milk, and Juice P.M. Snack Mini Corndogs & Chocolate Covered Raisins	07/22 Assorted Muffins Blueberry, Orange Cranberry Strawberries & Blueberries Milk & Juice P. M. Snack Turkey/Cheese Rollups & Pretzels	07/23 Cheerios W/ Bananas, Milk, and Juice P.M Snack Root beer Floats Sugar Free Root beer & Vanilla Ice cream	07/24 Scrambled Eggs, Sausage Patties, toast, Milk & Juice P.M. Snack Chocolate Pudding, Animal crackers	07/25 Bacon, Egg & Cheese Biscuits. Bananas, Milk & Juice P.M. Snack Birthday Cake & Ice Cream Celebrating July Birthdays
07/28 Eggs, Bacon, English Muffins, Apple Butter, Milk & Juice P.M Snack Cinnamon Roll Casserole W/ apples	07/29 Sausage biscuits W/ jelly or Mustard, Milk, and juice P.M Snack Nutella toast & Watermelon	07/30 Chicken and Waffles, lite syrup Orange Slices, Milk & Juice P.M. Snack Graham Crackers & Peanut Butter	07/31 Eggs, Hash brown casserole, sausage, toast, Milk & Juice P.M. Snack Cracker jacks & peaches	