

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

AUGUST 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
				08/01
				Chicken Salad on Croissant, W/ potato salad, Pineapple, Milk & Water
08/04	08/05	08/06	08/07	07/08
Chicken casserole, W/ peas, WW rolls, Strawberries, Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Stuffed Bell Peppers, W/ ground beef, corn, black beans, rice, cheese, Cucumber salad, WW rolls	Salad w/ Chicken, assorted Dressings, Bread Sticks, Cantaloupe, Milk & Water	BLT sandwiches, Pasta salad, Chips, Oranges, Milk & Water
08/11	08/12	08/13	08/14	08/15
Sloppy Joes on WW bun, French Fries, Cole Slaw, Pears, Milk & Water	Walking Taco in a Bowl, Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Watermelon, Milk & water	Cheeseburgers on Bun, W/ LTM, Mac & Cheese, Baked Beans, Milk & Water	Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water	Buffalo Chicken Wrap, W/ Bacon, Ranch dressing Chips, Orange slices Milk & Water

08/18	08/19	08/20	08/21	08/22
Italian Sub Sandwiches, French Fries, Peas, Milk & Water	Chicken Pot Pie, Side salad, WW/ Rolls, Milk & Water	Hawaiian Meatballs, Wild Rice, Corn, Hawaiian Rolls, Milk & Water	Loaded baked potatoes w/ Shredded BBQ Chicken, Sour Cream, Cheese and Chives, Texas Toast, Peaches Milk & Water	Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blueberries, Milk and Water

08/25	08/26	08/27	08/28	08/29
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water	Buffalo Chicken Lasagna, Side Salad, Bread Sticks, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple upside down Cake, Milk & Water	Ham & Cheese Slider Rolls, Tater Tots, Side Salad, Cantaloupe, Milk & Water	Cheesy Chicken, Broccoli & rice casserole, WW rolls, Oranges, Milk & Water