

ADULT CARE CENTER OF ROANOKE VALLEY

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AUGUST 2025**Breakfast and Snack Menu****Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.****Serving with morning Breakfast: 100 percent juices: Orange & Grape****1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,****Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.**

Monday	Tuesday	Wednesday	Thursday	Friday
				08/01 Cinnamon Rolls, Sausage w/raspberries and blueberries, Milk & Juice P.M. Snack Mini Banana Nut Muffins W/ fruit cocktail
08/04 Waffles W/Lite Syrup & Sausage, Milk & Juice P.M. Snack Pizza Rolls and Grapes	08/05 French Toast Stix W/ Syrup, Sausage Patties Milk & Juice P.M. Snack Gingerbread Cookies and Vanilla Ice Cream	08/06 Cheerios W/Bananas. Milk & Juice P.M. Snack Crackers & Cheese Cantaloupe	08/07 Scrambled Eggs, Bacon & Biscuits, Milk & Juice P.M. Snack Pig In a Blanket & Pineapple	08/08 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Fruit Cocktail W/ Jello, Peanut Butter Toast
08/11 Bacon, Eggs and English Muffins w/ Apple Butter, Milk & Juice P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	08/12 Cheerios, Bananas, Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries W/ powdered sugar	08/13 Ham & Egg Quiche Cantaloupe, milk & juice P.M. Snack Tortilla Pinwheels & Chips	08/14 Sausage Gravy & Biscuits, Milk & Water P.M. Snack Ground Beef Taco Dip and Chips	08/15 French Toast and Bacon, Milk & Juice P.M. Snack Nutella/PB toast & strawberries

08/18 Blueberry Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice P.M. Snack Mini Corndogs & Chocolate Covered Raisins	08/19 Assorted Muffins Blueberry, Orange Cranberry Strawberries & Blueberries Milk & Juice P. M. Snack Turkey/Cheese Rollups & Pretzels	08/20 Cheerios W/ Bananas, Milk, and Juice P.M Snack Root beer Floats Sugar Free Root beer & Vanilla Ice cream	08/21 Scrambled Eggs, Sausage Patties, toast, Milk & Juice P.M. Snack Chocolate Pudding, Animal crackers	08/22 Bacon, Egg & Cheese Biscuits. Bananas, Milk & Juice P.M. Snack Birthday Cake & Ice Cream Celebrating July Birthdays
08/25 Eggs, Bacon, English Muffins, Apple Butter, Milk & Juice P.M Snack Cinnamon Roll Casserole W/ apples	08/26 Sausage biscuits W/ jelly or Mustard, Milk, and juice P.M Snack Nutella toast & Watermelon	08/27 Chicken and Waffles W/Lite syrup Orange Slices, Milk & Juice P.M. Snack Graham Crackers & Peanut Butter	08/28 Eggs, Hash brown casserole, sausage, toast, Milk & Juice P.M. Snack Cracker jacks & peaches	08/29 Assorted Muffins Blueberry, Cinnamon & Mixed Berries Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip & Apples