





# Adult Care Center of Roanoke Valley

## Activity Calendar September 2025

# September

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Meals</b> (See attached menu) <b>9:30 AM – Breakfast</b> <b>12 Noon – Lunch</b> <b>2:30 PM – Snack</b></p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p><b>The Caregivers' Support Group is held on the 2<sup>nd</sup> Tuesday of every month!</b> <b>Save the date of Tuesday, September 9<sup>th</sup> 1:30 – 3 pm. Held at ACCRV Conference Room.</b> <b>Contact Pam Phipps if you have any questions.</b></p>			

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Closed</div> <div>  </div>	<div>2</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Old Time Rock &amp; Roll Mining  <b>11:00</b> Music Trivia  <b>11:30</b> Exercise-beach ball toss  <b>1:00</b> <b>Music Therapy</b>  <b>2:00</b> Exercise  <b>3:00</b> Movie: Dumplin (N)  <b>5:00</b> Person Centered         </div>	<div>3</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Mill Mountain Zoo  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Movie: I used to be famous (N)  <b>5:00</b> Person Centered         </div>	<div>4</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current events  <b>10:30</b> <b>Church Service</b>  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Football trivia  <b>2:00</b> Football greatest moments  <b>3:00</b> Nails  <b>3:00</b> Movie: The fundamentals of caring (N)  <b>5:00</b> Person Centered         </div>	<div>5</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Tropical Fruit Garland  <b>11:00</b> Word Quilt  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Movie: Fierce (N)  <b>5:00</b> Person Centered         </div>
Monday	Tuesday	Wednesday	Thursday	Friday
<div>8</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Undercover Boss  <b>11:00</b> Spelling Hive  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Golf  <b>2:00</b> <b>Easy Pickins' Band!</b>  <b>3:00</b> Movie: Aloha (N)  <b>5:00</b> Person Centered         </div>	<div>9</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Bingo  <b>11:30</b> Exercise  <b>1:00</b> <b>Music Therapy</b>  <b>2:00</b> Exercise  <b>3:00</b> Movie: Here comes the boom (N)  <b>5:00</b> Person Centered         </div>	<div>10</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Arnold Palmer  <b>11:30</b> Exercise- balloon volleyball  <b>1:00</b> Exercise  <b>1:30</b> <b>Roanoke Symphony Orchestra Trio visit</b>  <b>3:00</b> Movie:  <b>5:00</b> Person Centered         </div>	<div>11</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current events  <b>10:30</b> <b>Church Service</b>  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Nails  <b>3:00</b> Movie: Family switch (N)  <b>5:00</b> Person Centered         </div>	<div>12</div> <div> <b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Jesse Owens  <b>11:00</b> 1936 Olympics  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Delicious Facts  <b>2:00</b> History of Chocolate  <b>3:00</b> Movie: We have a ghost (N)  <b>5:00</b> Person Centered         </div>

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30</b> Television Match Up <b>11:00</b> History of the Fortune Cookie <b>11:30</b> Exercise-Balloon Volleyball <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: GT Max (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Beautiful Mexico <b>11:00</b> Virtual trip to Mexico <b>11:30</b> Exercise <b>1:00</b> <b>Music Therapy</b> <b>2:00</b> Exercise <b>3:00</b> Movie: Nonna's (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Name that Country Artist <b>11:00</b> History of Country Music <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: Race (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> <b>Saxy Keys</b> <b>2:00</b> Exercise <b>3:00</b> Nails <b>3:00</b> Movie: Big Daddy (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Joe Morgan <b>11:00</b> Baseball Hall of Fame <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: Uncle Drew (N) <b>5:00</b> Person Centered
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Sign Language</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> When Dinosaurs Ruled <b>3:00</b> Movie: The Do Over (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Bingo <b>11:30</b> Exercise <b>1:00</b> <b>Keith Campbell</b> <b>2:00</b> Exercise <b>3:00</b> Movie: Tommy Boy (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Love Boat <b>10:30</b> One Hit, That's it! <b>11:30</b> Exercise <b>1:00</b> <b>Music Therapy</b> <b>2:00</b> Exercise <b>3:00</b> Movie: National Security (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Nails <b>3:00</b> Movie: King Kong (N) <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:15</b> <b>Marc Baskins</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo store <b>2:00</b> Karaoke <b>3:00</b> Movie: Couples Retreat (N) <b>5:00</b> Person Centered

<div>29</div> <div><div>10:00 Pledge Allegiance</div><div>10:05 Current Events</div><div>10:30 Bowling/Corn Hole</div><div>11:30 Exercise</div><div>1:00 Exercise</div><div>1:30 Bingo</div><div>3:00 Movie: The Phoenician (P)</div><div>5:00 Person Centered</div></div>	<div>30</div> <div><div>10:00 Pledge Allegiance</div><div>10:05 Current Events</div><div>10:30 Crafts with Amari/Cameron</div><div>11:00 I dream of Jeannie</div><div>11:30 Exercise</div><div>1:00 Trivia</div><div>1:30 Word scramble</div><div>2:00 Exercise</div><div>3:00 Movie: American Dreamer (P)</div><div>5:00 Person Centered</div></div>			
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