

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

SEPTEMBER 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 09/01 | 09/02 | 09/03 | 09/04 | 09/05 |
| CLOSED LABOR DAY | Egg Salad Sandwiches W/ LT, cucumber, onion, tomato salad, Peach Cobbler, Water & Milk | Breaded Chicken Sandwich W/ LTM Fried red potatoes, Broccoli, Water & Milk | Chili, Cornbread, Peaches, Milk & Water | Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple upside down Cake, Milk & Water |
| 09/08 | 09/09 | 09/10 | 09/11 | 09/12 |
| Chicken casserole, W/ peas, WW rolls, Strawberries, Milk & Water | Club Sandwiches, Potato Salad, Apples, Milk & Water | Hotdogs w/ chili on bun, baked beans, French Fries, Milk & Water | Chicken Salad on Croissant, W/ potato salad, Pineapple, Milk & Water | BBQ Chicken Mac & Cheese, Baked Beans, Oranges, Milk & Water |
| 09/15 | 09/16 | 09/17 | 09/18 | 09/19 |
| Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water | Walking Taco in a Bowl, Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Watermelon, Milk & water | Filet of Fish, Coleslaw, fingerling potatoes, Hushpuppies, Milk & Water | Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water | Buffalo or BBQ Chicken Wrap, W/ Bacon, Ranch dressing Chips, Orange slices Milk & Water |
| 09/22 | 09/23 | 09/24 | 09/25 | 09/26 |
| Italian Sub Sandwiches, French Fries, Peas, Milk & Water | Tomato Soup, Grilled Cheese Sandwich on WW Bread, Banana, Milk & Water | BLT Sandwiches Pasta Salad W/ cucumber, tomato, green pepper, cheese. Milk & Water | Loaded baked potatoes w/ Shredded BQ Chicken, Sour Cream, Cheese and Chives, Texas Toast, Peaches Milk & Water | Salad w/ Chicken, assorted Dressings, Bread Sticks, Cantaloupe, Milk & Water |

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| 09/29 | 09/30 | | | |
| Sloppy Joes on WW bun, French Fries, Cole Slaw, Pears, Milk & Water | Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple upside down Cake, Milk & Water | | | |