

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

**APRIL 2026 LUNCH MENU**

**NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
		04/01	04/02	04/03
		Baked Chicken & Stuffing, Peas, WW rolls, Pears, Milk & Water	Chili Mac, Corn Bread, Fruit Salad, Milk & Water	Baked Ham, Sweet Potatoes, Green Beans, WW Rolls, Pineapples, Milk & Water
04/06	04/07	04/08	04/10	04/11
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Cantaloupe Milk & Water	BLT sandwich on WW bread, baked potato soup, pears, Milk & Water	Shepherd's Pie, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Chef Salad with cheese, boiled eggs, turkey & ham assorted Dressings, Bread Sticks, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
04/14	04/15	04/16	04/17	04/18
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Grilled Cheese on WW bread, Tomato Soup, Peaches, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Mango Cups, WW rolls, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad w tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Walking Taco in a Bowl- Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water

04/20	04/21	04/22	04/23	04/24
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Sliders on WW Roll, Mac & Cheese, Corn, Grapes and strawberries Milk & Water	Country Style Steak, Mashed Potatoes, Green Beans, WW Rolls, Cantaloupe, Milk & Water	Ham & Cheese Sliders on WW Rolls, Carrots, Tater Tots, fruit cup, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

04/27	04/28	04/29	04/30	
Steak & Cheese Sliders W/ Grilled onions & peppers, on WW Sliders, Tater Tots, Peas, Cantaloupe, Milk & Water	Egg Salad Sandwiches on WW Bread, Sweet potatoes, and fruit cup, Chocolate Chip Cookies, Milk & Water	Grilled Chicken, Mexican Street Corn Pasta Salad, WW Rolls, Watermelon Milk & Water	Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water	