

ADULT CARE CENTER OF ROANOKE VALLEY

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APRIL 2026

Breakfast and Snack Menu

Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
		04/01 Sausage biscuits W/ jelly or Mustard, Apple Sauce, Milk, and Juice P.M. Snack Cheese stick, Strawberries and Blueberries	04/02 Oatmeal w blueberries, WW English Muffins Milk & Juice P.M Snack PB & J Sandwiches & Doritos	04/03 Cinnamon Rolls, Sausage, Applesauce, Milk & Juice P.M. Snack Mini Banana Nut Muffins W/ fruit cocktail
04/06 Waffles W/ Lite Syrup & Ham, Milk & Juice P.M. Snack Strawberry Jello Salad W/ fruit cocktail & Animal Crackers	04/07 French Toast Stix W/ Lite Syrup, Sausage Patties, Milk & Juice P.M. Snack Peanut butter, Graham Crackers, Mango cups	04/08 Hashbrown Casserole, Sausage Links, Toast, Jelly. Milk & Juice P.M. Snack Crackers & Cheese, Oranges	04/09 Scrambled Eggs Bacon & Biscuits, Milk & Juice P.M. Snack Fruit Pizza W/ strawberries, pineapples, mandarin oranges, & kiwi	04/10 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups
04/13 Ham, Eggs and English Muffins w/ Jelly, Milk & Juice P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	04/14 Oatmeal with apples, English muffins, Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries	04/15 Ham & Egg Quiche, Fruit Cocktail, milk & juice P.M. Snack Mini Corn Dogs	04/16 Sausage Gravy & Biscuits, Apple Sauce, Milk & Juice P.M. Snack Mozzarella Sticks, W/ Ranch Dip, celery sticks	04/17 French Toast and Bacon, Milk & Juice P.M. Snack Nutella/PB toast & pineapple

04/20 Oatmeal W/ Blueberries. Milk and Juice P.M. Snack Mini Corndogs & Peach Fruit Cup	04/21 Mini Chicken Biscuits, Fruit Cups Milk & Juice P.M. Snack Peanut Butter Crackers & Grapes	04/22 Bacon Egg & Cheese Biscuits Bananas, Milk, and Juice P.M Snack PB&J sandwich Strawberries & Blueberries	04/23 Corn Beef Hash, Fried Eggs, & Toast Orange Slices, Milk & Juice P.M. Snack Graham Crackers & Peanut Butter, Pears	04/24 Sausage biscuits W/ jelly or Mustard, Milk, and juice P.M Snack Peanut Butter Toast, Peaches Birthday Cake & Ice Cream
04/27 Chicken & Waffles, Hash Browns, Milk & Juice P.M. Snack Fruit Cocktail W/ Jello, Peanut Butter Toast	04/28 Chocolate Chip Pancakes W/ Lite syrup, Sausage, Milk & Juice P.M. Snack Nutella toast & Strawberries	04/29 Scrambled Eggs & Ham with Biscuits, Fruit Cup Milk & Juice P.M. Snack PB & J Sandwich & fruit cup	04/30 Waffles W/ Lite Syrup & Bacon, Fruit Cup, Milk & Juice P.M. Snack Pizza Rolls and Grapes	