

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

MAY 2026 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
				05/01
				Chili Mac, Corn Bread, Fruit Salad, Milk & Water
05/04	05/05	05/06	05/07	05/08
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Cantaloupe Milk & Water	Ground beef enchiladas, Mexican street corn, WW chips, Queso and pineapple. Milk & Water HAPPY CINCO DE MAYO	Shepherd's Pie, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Chef Salad with cheese, boiled eggs, turkey & ham assorted Dressings, Bread Sticks, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
05/11	05/12	05/13	05/14	05/15
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chicken Casserole, Asparagus, WW rolls, Pears, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Mango Cups, WW rolls, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad w tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Walking Taco in a Bowl- Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water

05/18	05/19	05/20	05/21	05/22
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Mac & Cheese Bowl, Corn, Grapes and strawberries Milk & Water	Country Style Steak, Mashed Potatoes, Green Beans, WW Rolls, Cantaloupe, Milk & Water	Ham & Cheese Sliders on WW Rolls, Carrots, Tater Tots, fruit cup, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

05/25	05/26	05/27	05/28	05/29
<p style="text-align: center;">CLOSED MEMORIAL DAY</p> <p style="text-align: center;">HAPPY MEMORIAL DAY!!</p>	<p>Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water</p>	<p>Beef Hot Dogs, Mexican Street Corn Pasta Salad, WW Rolls, Watermelon Milk & Water</p>	<p>Egg Salad Sandwiches on WW bread, Seasoned Potatoes, Fruit Cups, Milk & Water</p>	<p>Steak & Cheese Sliders W/ Grilled onions & peppers, on WW Sliders, Tater Tots, Peas, Cantaloupe, Milk & Water</p>