

**ADULT CARE CENTER OF ROANOKE VALLEY**

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**MAY 2026**

**Breakfast and Snack Menu**

Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>05/01</b> Cinnamon Rolls, Sausage, Applesauce, Milk & Juice  P.M. Snack Mini Banana Nut Muffins W/ fruit cocktail
<b>05/04</b> Waffles W/ Lite Syrup & Ham, Milk & Juice  P.M. Snack Strawberry Jello Salad W/ fruit cocktail & Animal Crackers	<b>05/05</b> French Toast Stix W/ Lite Syrup, Sausage Patties, Milk & Juice  P.M. Snack Peanut butter, Graham Crackers, Mango cups	<b>05/06</b> Hashbrown Casserole, Eggs, Sausage Links, Toast, Jelly. Milk & Juice  P.M. Snack Crackers & Cheese, Oranges	<b>05/07</b>  Scrambled Eggs Bacon & Biscuits, Milk & Juice  P.M. Snack  Fruit Pizza W/ strawberries, pineapples, mandarin oranges, & kiwi	<b>05/08</b>  Breakfast Casserole, Fruit Cocktail, Milk & Juice  P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups
<b>05/11</b> Ham, Eggs and English Muffins w/ Jelly, Milk & Juice  P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	<b>05/12</b> Bacon, Egg & Cheese English muffin, Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries	<b>05/13</b>  Ham & Egg Quiche, Fruit Cocktail, milk & juice  P.M. Snack Mini Corn Dogs	<b>05/14</b> Sausage Gravy & Biscuits, Apple Sauce, Milk & Juice  P.M. Snack Mozzarella Sticks, W/ Ranch Dip, celery sticks	<b>05/15</b> French Toast and Bacon, Milk & Juice  P.M. Snack Nutella/PB toast & pineapple

<p><b>05/18</b> Ham, Egg, Cheese Breakfast Casserole, Blueberries &amp; Strawberries, Milk and Juice</p> <p>P.M. Snack Mini Corndogs &amp; Peach Fruit Cup</p>	<p><b>05/19</b> Mini Chicken Biscuits, Fruit Cups Milk &amp; Juice</p> <p>P.M. Snack Peanut Butter Crackers &amp; Grapes</p>	<p><b>05/20</b> Bacon Egg &amp; Cheese Biscuits Bananas, Milk, and Juice</p> <p>P.M. Snack PB&amp;J sandwich Strawberries &amp; Blueberries</p>	<p><b>05/21</b> Corn Beef Hash, Fried Eggs, &amp; Toast Orange Slices, Milk &amp; Juice</p> <p>P.M. Snack Graham Crackers &amp; Peanut Butter, Pears</p>	<p><b>05/22</b> Sausage biscuits W/ jelly or Mustard, Milk, and juice</p> <p>P.M. Snack Peanut Butter Toast, Peaches Birthday Cake &amp; Ice Cream</p>
<p><b>05/25</b></p> <p><b>CLOSED</b> <b>MEMORIAL DAY</b></p> <p><b>HAPPY MEMORIAL</b> <b>DAY</b></p>	<p><b>05/26</b> Chocolate Chip Pancakes W/ Lite syrup, Sausage, Milk &amp; Juice</p> <p>P.M. Snack Nutella toast &amp; Strawberries</p>	<p><b>05/27</b> Scrambled Eggs &amp; Ham with Biscuits, Fruit Cup Milk &amp; Juice</p> <p>P.M. Snack PB &amp; J Sandwich &amp; fruit cup</p>	<p><b>05/28</b> Waffles W/ Lite Syrup &amp; Bacon, Fruit Cup, Milk &amp; Juice</p> <p>P.M. Snack Pizza Rolls and Grapes</p>	<p><b>05/29</b> Breakfast Casserole, Fruit Cocktail, Milk &amp; Juice</p> <p>P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups</p>