

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

JUNE 2026 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
06/01	06/02	06/03	06/04	06/05
Cold Plate, Chicken Salad, Potato Salad, Cottage cheese, Cucumbers, tomatoes, Pita Chips, Milk & Water	Cheeseburgers, LTM, French Fries, Baked Beans, Watermelon, Milk & Water	Chicken Fried Rice (chicken, rice, peas, carrots), eggs, Rolls, Fruit Cocktail, Water & Milk	Cheese Quesadilla, Beans & Rice, Strawberries & Blueberries, Milk & Water	Chili Mac, Corn Bread, Fruit Salad, Milk & Water
06/08	06/09	06/10	06/11	06/12
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Cantaloupe Milk & Water	BLT sandwich on WW bread, Oven Fried Potatoes, pears, Milk & Water	Shepherd's Pie, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Chef Salad with cheese, boiled eggs, turkey & ham assorted Dressings, Bread Sticks, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
06/15	06/16	06/17	06/18	06/19
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chicken Casserole, Asparagus, WW rolls, Pears, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Mango Cups, WW rolls, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad W tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Walking Taco in a Bowl- Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water

06/22	06/23	06/24	06/25	05/26
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Mac & Cheese Bowl, Corn, Grapes and strawberries Milk & Water	Country Style Steak, Mashed Potatoes, Green Beans, WW Rolls, Cantaloupe, Milk & Water	Ham & Cheese Sliders on WW Rolls, Carrots, Tater Tots, fruit cup, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

06/29	06/30			
Beef Hot Dogs, Mexican Street Corn Pasta Salad, WW Rolls, Watermelon Milk & Water	Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water			