

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax:540-981-2353

JUNE 2026

Breakfast and Snack Menu

Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
06/01 Scrambled Eggs, Ham and Biscuits, Fruit Cup Milk & Juice P.M. Snack PB & J Sandwich & fruit cup 6/01	06/02 Waffles W/ Lite Syrup & Bacon, Fruit Cup, Milk & Juice P.M. Snack Pizza Rolls and Grapes	06/03 Sausage Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups	06/04 Sausage Biscuits & Gravy, Cantaloupe, Milk & Juice P.M. Snack PB & Banana Sandwich, Watermelon	06/05 Cinnamon Rolls, Sausage, Applesauce, Milk & Juice P.M. Snack Mini Banana Nut Muffins W/ fruit cocktail
06/08 Waffles W/ Lite Syrup & Ham, Fruit cocktail, Milk & Juice P.M. Snack Strawberry Jello Salad W/ fruit cocktail & Animal Crackers	06/09 French Toast Stix W/ Lite Syrup, Sausage Patties, Cantaloupe Milk & Juice P.M. Snack Peanut butter, Graham Crackers, Mango cups	06/10 Hashbrown Casserole, Sausage Links, Toast, Jelly. Milk & Juice P.M. Snack Crackers & Cheese, Oranges	06/11 Scrambled Eggs, Bacon & Biscuits, Oranges, Milk & Juice P.M. Snack Fruit Pizza W/ strawberries, pineapples, mandarin oranges, & kiwi	06/12 Sausage Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups
06/15 Ham, Eggs and English Muffins w/ Jelly, Strawberries, Milk & Juice P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	06/16 Bacon, Egg & Cheese English muffin, Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries	06/17 Ham & Egg Quiche, Fruit Cocktail, milk & juice P.M. Snack Mini Corn Dogs	06/18 Sausage Gravy & Biscuits, Apple Sauce, Milk & Juice P.M. Snack Mozzarella Sticks, W/ Ranch Dip, celery sticks	06/19 French Toast and Bacon, Fruit, Milk & Juice P.M. Snack Nutella/PB toast & pineapple

<p>06/22</p> <p>Ham, Egg, Cheese Breakfast Casserole, Blueberries & Strawberries, Milk and Juice</p> <p>P.M. Snack Mini Corndogs & Peach Fruit Cup</p>	<p>06/23</p> <p>Mini Chicken Biscuits, Fruit Cups, Milk & Juice</p> <p>P.M. Snack Peanut Butter Crackers & Grapes</p>	<p>06/24</p> <p>Bacon Egg & Cheese Biscuits Bananas, Milk, and Juice</p> <p>P.M Snack PB&J sandwich Strawberries & Blueberries</p>	<p>06/25</p> <p>Corn Beef Hash, Fried Eggs, & Toast Orange Slices, Milk & Juice</p> <p>P.M. Snack Graham Crackers & Peanut Butter, Pears</p>	<p>06/26</p> <p>Sausage biscuits W/ jelly or Mustard, Milk, and juice</p> <p>P.M Snack Peanut Butter Toast, Peaches Birthday Cake & Ice Cream</p>
<p>06/29</p> <p>Chicken & Waffles, Hash Browns, Milk & Juice</p> <p>P.M. Snack Fruit Cocktail W/ Jello, Peanut Butter Toast</p>	<p>06/30</p> <p>Chocolate Chip Pancakes W/ Lite syrup, Sausage, Milk & Juice</p> <p>P.M. Snack Nutella toast & Strawberries</p>			