


# Adult Care Center of Roanoke Valley Activity Calendar July 2026

# JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>Meals</b> <b>(See attached menu)</b> <b>8:45 AM – Breakfast</b> <b>12 Noon – Lunch</b> <b>2:30 PM – Snack</b></p> <hr style="width: 20%; margin-left: 0;"/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p><b>The Caregiver’s Support Group is held the 2<sup>nd</sup> Tuesday of every month!</b> <b>Save the date of Tuesday, July 14th</b> <b>1:30 – 3 pm. Held at ACCRV Conference Room.</b> <b>Contact Pam Phipps if you have any questions.</b></p>	<p style="text-align: right;"><b>1</b></p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mountain Zoo 11:30 Exercise 1:00 Exercise 1:30 Crafts 3:00 Movie: 13 Going on 30 5:00 Person Centered</p>	<p style="text-align: right;"><b>2</b></p> <p>10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: Safe Haven 5:00 Person Centered</p>	<p style="text-align: right;"><b>3</b></p> <p style="text-align: center;">Closed</p> <div style="text-align: center;">  </div>

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Peach Categories <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: Work It <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Mix-Up <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Ice Cream Sundae Mining <b>3:00</b> Movie: Voicemails for Isabelle <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Word Games <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: 27 Dresses <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30 Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Dukes of Hazard <b>3:00</b> Nails <b>3:00</b> Movie: Along for the Ride <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Corn Hole/Bowling <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: I Feel Pretty <b>5:00</b> Person Centered
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Board Games <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Random Trivia <b>3:00</b> Movie: Harriet <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Great White Shark Mining <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: The Half of It <b>5:00</b> Person Centered  <b>Shark Awareness Day</b>	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30 Scenic bus ride</b> <b>10:30 Virtual Field trip</b> <b>(Yellowstone National</b> <b>Park)</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Karaoke <b>3:00</b> Movie: Catch and Release <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30 Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30 Saxy Keys</b> <b>3:00</b> Nails <b>3:00</b> Movie: True Spirit <b>5:00</b> Person Centered	<b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Music Trivia <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Bingo <b>3:00</b> Movie: The Wedding Date <b>5:00</b> Person Centered

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p style="text-align: right;"><b>20</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current events  <b>10:30</b> NASA  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Movie: Afterlife of the party  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>21</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Golf Pass it on  <b>11:00</b> Golf/ Corn Hole  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Arnold Palmer  <b>3:00</b> Movie: Happy Gilmore  <b>5:00</b> Person Centered</p> <p style="text-align: center;"><b>Million Dollar Golfer Day</b></p>	<p style="text-align: right;"><b>22</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current events  <b>10:30</b> Bingo  <b>11:30</b> Exercise  <b>1:00</b> Joe Bass  <b>2:00</b> Exercise  <b>3:00</b> Movie: Murder Mystery  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>23</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Church Service  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Cool Treats  <b>2:00</b> Hangman  <b>3:00</b> Nails  <b>3:00</b> Movie: The Sleepover  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>24</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current events  <b>10:30</b> Exercise  <b>11:00</b> Marc Baskins  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Movie: Ugliers  <b>5:00</b> Person Centered</p> <p style="text-align: center;"><b>Pajama Day</b></p>
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p style="text-align: right;"><b>27</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Crafts  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Board Games  <b>3:00</b> Movie: Unbroken  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>28</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Bingo  <b>11:30</b> Exercise  <b>1:00</b> Keith Campbell  <b>2:00</b> Exercise  <b>3:00</b> Movie: Fatherhood  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>29</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Full Buck Moon  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>2:00</b> NASA's visualization of the moon  <b>3:00</b> Movie: The Shack  <b>5:00</b> Person Centered</p> <p style="text-align: center;"><b>Full Moon Day</b></p>	<p style="text-align: right;"><b>30</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Don Depoy  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Bingo  <b>3:00</b> Nails  <b>3:00</b> Movie: Along for the Ride  <b>5:00</b> Person Centered</p>	<p style="text-align: right;"><b>31</b></p> <p><b>10:00</b> Pledge Allegiance  <b>10:05</b> Current Events  <b>10:30</b> Color-Fill  <b>11:00</b> Fetch Categories  <b>11:30</b> Exercise  <b>1:00</b> Exercise  <b>1:30</b> Karaoke  <b>3:00</b> Movie: Fait in the Flames  <b>5:00</b> Person Centered</p>

