

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

**JULY 2026 LUNCH MENU**

**NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
		07/01	07/02	07/03
		Chicken Patty Sandwich, W/ Lettuce, Tomato, Green Beans, Mac & Cheese, Milk & Water	Beef Hot Dogs, Pasta Salad, WW Rolls, Watermelon Milk & Water	CLOSED HAPPY INDEPENDENCE DAY
07/06	07/07	07/08	07/09	07/10
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Cantaloupe Milk & Water	Strawberry Garden Salad W/ Grilled Chicken, Assorted Dressing, WW Rolls. Milk & Water	Philly Cheese Steak Subs W/ Green Peppers & Onions, oven fried potatoes, Watermelon, Milk & Water	Chef Salad with cheese, boiled eggs, turkey & ham assorted Dressings, Bread Sticks, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
07/13	07/14	07/15	07/16	07/17
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chicken Casserole, Asparagus, WW rolls, Pears, Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Mango Cups, WW rolls, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad W tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Walking Taco in a Bowl- Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water

07/20	07/21	07/22	07/23	07/24
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Mac & Cheese Bowl, Corn, Grapes and strawberries Milk & Water	BLT sandwich on WW bread, Oven Fried Potatoes, pears, Milk & Water	Ham & Cheese Sliders on WW Rolls, Carrots, Tater Tots, fruit cup, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

07/27	07/28	07/29	07/30	07/31
Chicken Fried Rice (chicken, rice, peas, carrots), eggs, Rolls, Fruit Cocktail, Water & Milk	Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water	Grilled Ham & Cheese Sandwiches, Tater Tots, Peas, Milk & Water	Cheeseburgers, LTM, French Fries, Baked Beans, Watermelon, Milk & Water	Peanut Butter & Jelly Sandwiches, Fruit Cups, Carrot & Celery Sticks W/ Ranch Dressing, Milk & Water