

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

AUGUST 2026 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
08/03	08/04	08/05	08/06	08/07
Cheese Quesadilla, Beans & Rice, Strawberries & Blueberries, Milk & Water	Baked Ham, Couscous, Brussel Sprouts, WW Rolls Milk & Water	Chicken Patty Sandwich, W/ Lettuce, Tomato, Green Beans, Potato Salad, Milk & Water	Beef Hot Dogs, Pasta Salad, WW Rolls, Watermelon, Milk & Water	Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water
08/10	08/11	08/12	08/13	08/14
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Cantaloupe Milk & Water	Strawberry Garden Salad W/ Grilled Chicken, Assorted Dressing, WW Rolls Milk & Water	Philly Cheese Steak Subs W/ Green Peppers & Onions, oven fried potatoes, Watermelon, Milk & Water	Chicken Casserole, Asparagus, WW rolls, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
08/17	08/18	08/19	08/20	08/21
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chef Salad with cheese, boiled eggs, turkey & ham assorted Dressings, Bread Sticks, Pears, Milk & Water	Grilled Ham & Cheese Sandwiches, Tater Tots, Peas, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad W tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Walking Taco in a Bowl- Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water

08/24	08/25	08/26	08/27	08/28
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Mac & Cheese Bowl, Corn, Grapes and strawberries Milk & Water	BLT sandwich on WW bread, Oven Fried Potatoes, pears, Milk & Water	Ham & Cheese Sliders on WW Rolls, Carrots, Tater Tots, fruit cup, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

08/31				
Chicken Fried Rice (chicken, rice, peas, carrots), eggs, Rolls, Fruit Cocktail, Water & Milk				