

ADULT CARE CENTER OF ROANOKE VALLEY

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AUGUST 2026**Breakfast and Snack Menu****Cereal, milk, and whole wheat toast are available as substitutes for AM Breakfast.****Serving with morning Breakfast: 100 percent juices: Orange & Grape****1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,****Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.**

Monday	Tuesday	Wednesday	Thursday	Friday
08/03 Chocolate Chip Pancakes W/ Lite syrup, Sausage, Milk & Juice P.M. Snack Nutella toast & Strawberries	08/04 Chicken & Waffles, Hash Browns, Milk & Juice P.M. Snack Fruit Cocktail W/ Jello, Peanut Butter Toast	08/05 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups	08/06 Sausage Biscuits & Gravy, Cantaloupe, Milk & Juice P.M. Snack PB & Banana Sandwich, Watermelon	08/07 Bacon Egg & Cheese Biscuits, Bananas, Milk, and Juice P.M Snack PB&J sandwich Strawberries & Blueberries
08/10 Waffles W/ Lite Syrup & Ham, Milk & Juice P.M. Snack Strawberry Jello Salad W/ fruit cocktail & Animal Crackers	08/11 French Toast Stix W/ Lite Syrup, Sausage Patties, Milk & Juice P.M. Snack Peanut butter, Graham Crackers, Mango cups	08/12 Hashbrown Casserole, Sausage Links, Toast, Jelly. Milk & Juice P.M. Snack Crackers & Cheese, Oranges	08/13 Scrambled Eggs Bacon & Biscuits, Milk & Juice P.M. Snack Fruit Pizza W/ strawberries, pineapples, mandarin oranges, & kiwi	08/14 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Mozzarella Cheese Sticks, Ranch Dip, Mango Cups
08/17 Ham, Eggs and English Muffins w/ Jelly, Milk & Juice P.M. Snack Peanut butter & banana sandwiches W/ animal crackers	08/18 Bacon, Egg & Cheese English muffin, Milk & Juice P.M. Snack Biscuits W/ strawberries, blueberries	08/19 Ham & Egg Quiche, Fruit Cocktail, milk & juice P.M. Snack Mini Corn Dogs	08/20 Sausage Gravy & Biscuits, Apple Sauce, Milk & Juice P.M. Snack Mozzarella Sticks, W/ Ranch Dip, celery sticks	08/21 French Toast and Bacon, Milk & Juice P.M. Snack Nutella/PB toast & pineapple

08/24 Ham, Egg, Cheese Breakfast Casserole, Blueberries & Strawberries, Milk and Juice P.M. Snack Mini Corndogs & Peach Fruit Cup	08/25 Mini Chicken Biscuits, Fruit Cups Milk & Juice P.M. Snack Peanut Butter Crackers & Grapes	08/26 Bacon Egg & Cheese Biscuits Bananas, Milk, and Juice P.M Snack PB&J sandwich Strawberries & Blueberries	08/27 Corn Beef Hash, Fried Eggs, & Toast Orange Slices, Milk & Juice P.M. Snack Graham Crackers & Peanut Butter, Pears	08/28 Cinnamon Rolls, Sausage, Applesauce, Milk & Juice P.M. Snack Peanut Butter Toast, Peaches Birthday Cake & Ice Cream
08/31 Sausage biscuits W/ jelly or Mustard, Milk, and juice P.M Snack Mini Banana Nut Muffins W/ fruit cocktail				