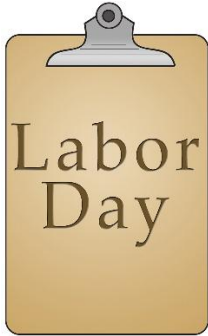


Adult Care Center of Roanoke Valley

Activity Calendar September 2026

September

Monday	Tuesday	Wednesday	Thursday	Friday
Meals (See attached menu) 8:45 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Page	The Caregivers' Support Group is held on the 2nd Tuesday of every month! Save the date of Tuesday, September 8th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.			

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercises 1:00 Exercise 1:30 Crafts 3:00 Movie: Soul Surfer 5:00 Person Centered	2 10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mtn Zoo 11:30 Exercise 1:00 Exercise 1:30 Notable Classic Cars 2:00 Rock & Roll Mining 3:00 Movie: Before I Wake 5:00 Person Centered	3 10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: After 5:00 Person Centered	4 10:00 Pledge Allegiance 10:05 Current Events 10:30 Is it Cake (N) 11:30 Exercise 1:00 Exercise 1:30 Decorate a Cake 3:00 Movie: Ordinary Angels 5:00 Person Centered Eat an Extra Desert Day
Monday	Tuesday	Wednesday	Thursday	Friday
7 CLOSED 	8 10:00 Pledge Allegiance 10:05 Current Events 10:30 Balloon Volleyball 11:30 Exercises 1:00 Exercise 1:30 American Flag Mining 3:00 Movie: Moxie 5:00 Person Centered	9 10:00 Pledge Allegiance 10:05 Current Events 10:30 Football Season 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Friday Night Lights 5:00 Person Centered Kickoff Day	10 10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bowling/Corn Hole 3:00 Nails 3:00 Movie: Work It 5:00 Person Centered	11 10:00 Pledge Allegiance 10:05 Current Events 10:30 On Cloud Nine 11:00 Cloud Categories 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: The Half of It 5:00 Person Centered

Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
10:00 Pledge Allegiance 10:05 Current events 10:30 Comedy Queen 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Along For The Ride 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Word puzzles 11:30 Exercise 1:00 Karaoke 2:00 Exercise 3:00 Movie: The Adam Project 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 1970's Trivia 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Murder Mystery 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Movie: Lost City 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Military Pass it on/ Hangman 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: The Ridiculous 6 5:00 Person Centered
Monday	Tuesday	Wednesday	Thursday	Friday
21	22	23	24	25
10:00 Pledge Allegiance 10:05 Current Events 10:30 Virtual Field Trip/Scenic Bus Ride 11:30 Exercise 1:00 Exercise 1:30 Golf/ Corn Hole 3:00 Movie: The Life List 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Movie: Walk. Ride. Rodeo. 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Baseball Slang 11:30 Exercise 1:00 Joe Bass 2:00 Exercise 3:00 Movie: 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: The Benchwarmers 5:00 Person Centered	10:00 Pledge Allegiance 11:00 Marc Baskins 11:30 Exercise 1:00 Exercise 1:30 Noodle Ball 3:00 Movie: Enola Holmes 5:00 Person Centered

28 10:00 Pledge Allegiance 10:05 Current Events 10:30 Sugar Categories 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Red Notice 5:00 Person Centered	29 10:00 Pledge Allegiance 10:05 Current Events 10:30 Dog Breeds 11:30 Exercise 1:00 Exercise 1:30 Crafts 3:00 Movie: Ice Road 5:00 Person Centered	30 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Exercise 1:30 Karaoke 3:00 Movie: The Union 5:00 Person Centered		
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